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# Comprehending non-literal language: effects of aging and bilingualism

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### Abstract

A pressing issue that the 21st century is facing in many parts of the developed world is a 16 rapidly aging population. Whilst several studies have looked at aging older adults and their 17 18 language use in terms of vocabulary, syntax and sentence comprehension, few have focused 19 on the comprehension of non-literal language (i.e. pragmatic inference-making) by aging 20 older adults, and even fewer, if any, have explored the effects of bilingualism on pragmatic 21 inferences of non-literal language by aging older bilinguals. Thus, the present study examined 22 the effects of age(ing) and the effects of bilingualism on aging older adults' ability to infer 23 non-literal meaning. Four groups of participants made up of monolingual English-speaking 24 and bilingual English-Tamil speaking young (17-23 years) and older (60-83 years) adults 25 were tested with pragmatic tasks that included non-conventional indirect requests, 26 conversational implicatures, conventional metaphors and novel metaphors for both accuracy and efficiency in terms of response times. While the study did not find any significant 27 28 difference between monolinguals and bilinguals on pragmatic inferences, there was a 29 significant effect of age on one type of non-literal language tested: conventional metaphors. 30 The effect of age was present only for the monolinguals with aging older monolinguals 31 performing less well than the young monolinguals. Aging older bilingual adults were not 32 affected by age whilst processing conventional metaphors. This suggests a bilingual 33 advantage in pragmatic inferences of conventional metaphors. 34

35

### 36 **1. Introduction**

38 Everyday communication involves not only literal language, but also the use of non-literal 39 language, such as idioms, proverbs, metaphors, indirect requests, and conversational 40 implicatures. To comprehend non-literal language, pragmatic inferences have to be made: the 41 listener has to go beyond the literal meaning of the utterance and draw upon the situational 42 context of the utterance as well as the listener's and speaker's knowledge of the world to 43 arrive at the implied (non-literal) meaning. Pragmatic inferences are also thought to be 44 cognitively more demanding because the listener has to both access their theory of mind to 45 realize the speaker's communicative intentions (Champagne-Lavau and Joanette 2009) and inhibit the literal meaning (Glucksberg, Newsome, and Goldvarg 2001) which becomes 46 47 activated together with the implied meaning (Stewart and Heredia 2002) during the 48 processing of the non-literal language. Given that a great part of our daily conversations 49 includes non-literal utterances, it is remarkable that listeners are able to comprehend them 50 effortlessly and in great speed in spite of the high cognitive demands. This is true of healthy 51 young adults who are in the peak of their cognitive abilities. However, it is unclear whether 52 this is the case also for aging older adults, whose cognitive abilities are on the decline. 53 Moreover, it is unclear whether the aging process affects the comprehension of non-literal 54 language in monolingual and bilingual aging older adults in the same way given recent 55 findings that show bilinguals having a cognitive reserve (Craik, Bialystok, and Freedman 2010; Bialystok, Craik, Fergus, and Luk 2013). The present paper fills these gaps by 56 57 addressing how monolingual and bilingual healthy young and aging older adults comprehend

- 58 non-literal language.
- 59

60 The general perception has been that the language abilities of aging older adults regress with

61 each decade. However, research has revealed that regression is not in all language areas.

62 Healthy aging older adults may face difficulty in understanding spoken discourse, experience

63 problems retrieving words from the mental lexicon while speaking or increasingly suffer

from tip-of-the-tongue state (Burke and Shafto 2008; Gollan and Brown 2006; Thornton and

- Light 2006). On the other hand, they have been found to have a larger vocabulary size
- 66 (Bialystok and Luk 2012; Burke and Shafto 2008; Kavé and Halamish 2015), and to create
- 67 more complex narratives than younger adults (Burke and Shafto 2008; Thornton and Light

68 2006). Healthy aging older adults have also been reported to use "high-level vocabulary and

- complex syntax" (Ulatowska, Chapman, Highley and Prince, 1998, p. 628). In addition,
  sentence comprehension has been reported to be intact in old age (Tyler et al. 2009).
- 71

While much research has been aimed at aging older adults' understanding and production of vocabulary and grammatical structures at the sentential level and at times, discourse level (see Thornton and Light 2006 for a comprehensive review), research into the pragmatic language abilities of aging older adults is comparatively rather scattered, if not impoverished. Thus, it is unclear whether or not aging older adults' pragmatic inferential abilities, which lead to correct meaning formation of non-literal languages, regresses much like some other aspects of the aging older adults' language.

- 79
- 80 Of the few studies that have investigated the comprehension of non-literal language by aging
- 81 older adults, the focus has been on idioms (Westbury and Titone 2011), proverbs
- 82 (Uekermann, Thoma, and Daum 2008; Ulatowska et al. 1998; Nippold, Uhden, and Schwarz
- 83 1997) and metaphors (Newsome and Glucksberg 2002; Mashal, Gavrieli, and Kavé 2011;
- 84 Qualls and Harris 2003). These studies, discussed below, have revealed contradictory or
- 85 questionable findings in terms of the aging older adults' pragmatic inferential abilities.

### 86

87 A few of the aforementioned studies point to regression in aging older adults' pragmatic 88 inferential abilities.(Nippold, Uhden, and Schwarz (1997) investigated the proverb comprehension abilities of 353 people in Oregon aged between 13 and 79 years using a 89 90 Proverb Explanation Task. This task consisted of 24 proverbs which had received low 91 familiarity ratings in Nippold and Haq 1996 (Nippold et al. 1997). The adolescents and adults 92 read short stories with the proverbs appearing at the end and wrote down the meanings of the 93 proverbs. While the study found proverb comprehension ability to decline in adults in their 94 60s (Nippold, Uhden, and Schwarz 1997), the stories, based on one out of the two examples 95 provided by the authors, required connective inferences. A failure to make the connective 96 inference could potentially impede understanding of the proverbs under study. Uekermann, 97 Thoma, and Daum' (2008) study of 105 healthy adults, 35 of whom were aging older adults 98 between the ages of 60 and 79, led to a similar conclusion that aging older adults were 99 impaired in proverb comprehension. The participants in this study had to, firstly, rate the 100 familiarity of 32 German proverbs on a five-point Likert scale, and secondly, had to determine the non-literal meaning of these proverbs from four options which varied along 101 102 "degree of abstraction" and "meaningfulness" (p. 35). On the other hand, other studies did 103 not find any regression in aging older adults' non-literal language comprehension. Ulatowska 104 and colleagues (1998), who had looked at 16 normally aging older monolingual speakers of American English in their 80s and 90s over a period of three years, found that there was no 105 106 decline in proverb understanding and interpretation; instead there was an improvement for 107 familiar proverbs and no significant changes for unfamiliar proverbs on the second testing

108 after three years.

109

110 Metaphor comprehension too does not seem to regress with age. Aging older adults have 111 been found to have access to metaphorical meaning (Morrone et al. 2010). Morrone and 112 colleagues (2010) found their aging older participants aged 65 to 75 years making more 113 errors and taking a longer time to reject the non-literal meaning of metaphors than the 114 younger participants aged 21 to 30 years. This was believed to indicate that the aging older 115 adults had access to the non-literal meanings of the metaphors. They posit that the non-literal meanings of the metaphors were likely activated and arrived at immediately, and thus needed 116 117 to be inhibited; a decline in the inhibitory abilities of the aging older adults was deemed to 118 lead to longer rejection times and more errors. Similarly, Newsome and Glucksberg (2002) 119 found that the metaphor comprehension processes of aging older adults between the ages of 120 70 to 79 were not only seemingly intact, but also that the aging older adults were "as efficient 121 as the younger adults (aged 17-21) in filtering out metaphor-irrelevant information" (p. 262). 122 Newsome and Glucksberg presented the non-reversible metaphors and literal phrases in 123 sentences as primes which were followed by metaphor-relevant and metaphor-irrelevant sentence probes with the last word of each prime beginning each sentence probe; participants 124 had to judge whether the sentences made sense. Both young adults and aging older adults 125 were better able to appreciate metaphor-relevant material after being primed by the 126 127 metaphors and metaphor-irrelevant materials after being primed by the literal sentence 128 primes.

- 129
- 130 In some instances, older adults have been found to possess superior pragmatic inferential
- abilities to young adults. Qualls and Harris (2003) investigated both younger (17-31 years)

132 and older (54-73 years) African American adults' comprehension of non-literal language.

133 This study revealed that the older adults have better comprehension of idioms and metonyms

than the younger adults. However, Qualls and Harris (2003) had a number of important confounds in their study: the answer options for metonyms included metaphors, which

themselves require pragmatic inferring. In addition, the metaphor items included both

137 conventional and novel metaphors, both under the umbrella term of metaphors. This is

138 problematic because processing of conventional and novel metaphors employ different

139 cognitive mechanisms and appreciation of novel metaphors has been shown to be affected by

- 140 age (Mashal, Gavrieli and Kavé, 2011). Lastly, the authors had included adults who were
- between 50 to 59 in their group of older adults. Whilst this definition of older adults is

applicable to most African countries (WHO 2002), it should not apply to African Americans

143 who experience a longer life expectancy than and differ socially from the people in Africa;

adults between 50 and 59 years of age would have better cognitive abilities than older adults,

145 thus confounding the results.

146

147 Another important study on metaphors and aging older adults is the study by Mashal,

148 Gavrieli and Kavé (2011). Mashal, Gavrieli, and Kavé (2011) compared young and aging

149 older adults in their appreciation of conventional and novel metaphoric expressions. Their

150 first experiment, which was aimed at rating the plausibility of metaphors and literal

expressions, revealed that the young adults regarded more metaphoric expressions as

152 plausible than the aging older adults, with both groups not showing any significant difference

153 for the plausibility rating of the literal and unrelated expressions. However, it is unclear 154 whether the aging older adults found more of the novel metaphoric expressions as less (or

more) plausible than the conventional ones; this they address in their second experiment that

used different groups of young and aging older adults to examine if there was any age effect

157 in terms of appreciating conventional versus novel metaphors. In this second experiment, the

158 young and aging older adults had to rate the familiarity level of the 79 metaphoric

159 expressions that were appreciated as plausible in the first experiment. Interestingly, the aging

160 older adults rated more of the metaphoric expressions as being more familiar, appreciating

161 them as being conventional. This was unlike the young adults who regarded the metaphoric 162 expressions as being more novel. Expressions that were deemed as being highly novel by the

expressions as being more novel. Expressions that were deemed as being highly novel by the young adults, were rated as being highly meaningless by the aging older adults. The study by

164 Mashal, Gavrieli, and Kavé (2011) alludes to novel metaphor processing, unlike conventional

165 metaphor processing, to be problematic in aging older adults.

166

The aforementioned studies, besides highlighting the contradictory findings with regard to 167 168 aging older adults' non-literal language comprehension, also point to the possibility that 169 different pragmatic inference-making strategies are employed depending upon the type of 170 non-literal language encountered (Garcia 2004). In addition, these studies either did not present the non-literal utterances within a situational context or presented them in texts that 171 require connective inferences to be made. In our everyday social interactions, literal and non-172 173 literal utterances do not occur in isolation. These utterances are produced within specific 174 contexts, and we unpack the meaning of these utterances based on these contexts. Thus, the 175 failure to comprehend non-literal language in some of the studies looked at earlier could be 176 due to the lack of context. To address these shortcomings, the present study focused on the 177 comprehension of a range of non-literal language in the same groups of participants and

included a situational context for each target utterance to increase the ecological validity ofthe task.

180

181 All the studies mentioned above have focused on monolingual aging older adults. Although an estimated 50 percent or more of the world's population is either bilingual or multilingual 182 (Grosjean 2010), there is a lack of studies investigating bilingual aging older adults' 183 184 comprehension of non-literal language. Given the current debate about whether or not 185 bilinguals have better cognitive abilities than monolinguals and, as established earlier, the 186 cognitive demands of pragmatic inferring during non-literal language comprehension, it is important to investigate the comprehension of non-literal language by bilingual aging older 187 188 adults. In the present study, 'bilinguals' are defined based on Grosjean (2010, p. 4), according 189 to whom bilinguals are people "who use two or more languages (or dialects) in their everyday 190 lives".

191

192 A number of studies have found that bilinguals have better cognitive abilities than

193 monolinguals in terms of better executive control functions across the lifespan (Bialystok and

194 Craik 2010; Luk et al. 2011; Bialystok, Craik, and Ryan 2006) and working memory

195 (Bialystok et al. 2004). Moreover, aging adults who might otherwise succumb to dementia or 196 neurodegenerative disease(s) earlier are now being diagnosed later due to their bilingualism

196 neurodegenerative disease(s) earlier are now being diagnosed later due to their billingualism 197 (Craik, Bialystok, and Freedman 2010). This has led to the hypothesis that the accrued

neurocognitive differences arising from bilingual language processing over the lifespan lead

199 to neuroplastic changes in the bilingual brain which attenuate age-related cognitive decline

200 (Bak, Nissan, Allerhand, & Deary, 2014; Baum & Titone, 2014, p. 859). In addition, studies

201 have also found that the frontal and temporal lobes, where language functions take place, are

202 of greater volume in bilinguals than monolinguals (Olsen et al. 2015).

203

204 However, several other studies were not able to find a bilingual cognitive advantage (Bogulski et al. 2015; Paap and Greenberg 2013; Zahodne et al. 2014). For example, in 205 206 contrast to researchers who found bilinguals to be in possession of superior inhibitory 207 abilities, Kousaie and Phillips (2012), using the Colour Stroop task, did not find a bilingual 208 advantage for inhibitory control for either their young bilinguals or their old bilinguals in 209 comparison to their monolingual counterparts. Likewise, Colzato and colleagues (2008) did 210 not find any difference between the young monolinguals and young bilinguals in the Stop 211 Signal inhibition task, although they did find the bilinguals to be better able to maintain 212 action goals and use them to differentiate goal-related information leading to "more pronounced reactive inhibition of irrelevant information" (p. 302). Similarly, de Bruin, Bak, 213 214 and Della Sala (2015), who had controlled for a number of variables such as education, 215 socioeconomic status, intelligence, age of acquisition and immigration status, did not find a 216 bilingual cognitive advantage for inhibitory control in their aging older adults regardless of whether they were active or inactive bilinguals. Yet other studies have found the age of 217 218 acquisition of the second language to influence the bilingual cognitive advantage; Vega-219 Mendoza and colleagues' (2015) study found late acquisition of second language having a

### COMPREHENDING NON-LITERAL LANGUAGE

- 220 positive effect on inhibition. Given that the comprehension of non-literal language is
- 221 cognitively more demanding, examining monolingual and bilingual aging older adults'
- comprehension of non-literal language can shed light on the debate surrounding the cognitive
- advantage in bilinguals.

224

- 225 The present study addresses the issues highlighted earlier by investigating the comprehension
- of non-literal utterances by monolingual and bilingual young and aging older adults. It aims
- to answer two research questions: 1) Is there an age effect on pragmatic inference-making?,
- and 2) Is there a bilingual advantage in pragmatic inference-making?.

229

- 230 This study focuses on three types of frequently occurring non-literal language: non-
- 231 conventional indirect requests, conversational implicatures, and metaphors which are further
- 232 divided into conventional and novel metaphors. The inclusion of different types of non-literal
- 233 language will allow for greater insight to the pragmatic inferential abilities of healthy aging
- older adults. It is predicted that aging older adults will have pragmatic inferential abilities on
- 235 par with young adults for some, but not all, non-literal language types.

236

Given that a number of studies have argued that L1 and L2 proficiency, age of L2 acquisition, language dominance, and L1 or L2 dominant linguistic environment that the bilinguals live in

- 239 ought to be taken into account when studying bilinguals (Dong & Li, 2015; Hell & Poarch,
- 240 2014; Mishra, 2015; Titone et al., 2015), the present study controls for age of acquisition,
  241 vocabulary knowledge, verbal fluency (see Perani et al. 2003), education, socioeconomic
- status, inhibition, intelligence, and processing speed, which is known to slow down with age
- 242 (Salthouse 1996), as well as verbal short-term memory and working memory, which are
- believed to play vital roles in discourse processing and comprehension (Hasher and Zacks
- 245 1988).

### 246 **2. Materials and Methods**

### 247 2.1. Participants

248

249 Seventy-three healthy adults participated in this study: 19 monolingual English-speaking 250 young adults (mean age = 19.47, SD = 0.7) and 20 monolingual English-speaking aging older adults (mean age = 69.9, SD = 6.8) from the United Kingdom as well as 19 bilingual English-251 252 Tamil-speaking young adults (mean age = 21.02, SD = 1.58) and 15 bilingual English-Tamil-253 speaking aging older adults (mean age = 67.01, SD = 4.39) from Singapore. Table 1 shows 254 the demographic information of all four groups. All aging older adults were screened with the 255 Mini Mental State Examination (MMSE) to rule out the onset of dementia or mild cognitive impairment; the cut-off of 27 was used based on a study conducted by O'Bryant and 256 colleagues (2008) on the sensitivity of the MMSE. Table 1 shows the groups' mean scores on 257 258 the MMSE. None of the aging older adults had a score of less than 27 on the MMSE.

### COMPREHENDING NON-LITERAL LANGUAGE

260	insert Table 1 around here
261	
262	
263 264 265 266 267 268 269 270	All participants completed the Language History and Use Questionnaire (LHUQ), an adaptation of the Language History Questionnaire of the Brain, Language, and Computation Lab, Penn State University (Li, Sepanski, and Zhao 2006). The LHUQ consisted of 22 items which gather information such as the age of language acquisition, self-assessed language proficiency, and L1 and L2 frequency of use and code switching among other questions that elicit the participants' age, sex and socioeconomic status (SES) (years of formal education as an indication of SES). Table 2 provides the results of the LHUQ pertaining to age of language acquisition and language usage.
271	
272	Insert Table 2 around here
273	
274	
275 276 277 278 279 280 281 282 283 284 285 286 287 286 287 288 289 290 291	All monolingual participants were native speakers of British English. Some of the monolingual participants indicated on the LHUQ that they were aware of one or more foreign languages; these were learnt in a classroom setting around the age of 11 and later at school or after the age of 19 for work. Only two young monolinguals reported using their additional language. The use was only for half an hour out of 24 per day and not on a daily basis and therefore they were included in the monolingual group based on Grosjean's (2010) definition of bilinguals. All bilingual participants were speakers of Standard Singapore English and Standard Spoken Tamil; both English and Tamil were used in the homes of all bilingual participants. All, but four, of the young bilinguals reported that English was acquired from birth; two of the young bilinguals acquired English at the age of five, while the other two began acquiring English once in school at ages six and seven when they started school. Most of the older bilinguals began acquiring English at the age of 12 in a formal school setting before migrating to Singapore as young adults. Given that English is widely used in public life in Singapore, all learners were exposed to English in a naturalistic environment, including these three older bilinguals. To address the potential role of age of acquisition acting as a confounding factor, it was included as a covariate in the analyses of the pragmatic tasks.
292 293 294 295 296 297	The Complex Ideational Materials Subtest (CIMS) of the Boston Diagnostic Aphasia Evaluation (BDAE) (short version) was used to test participants' auditory English sentence comprehension. The task includes a total of six pairs of yes-no questions. Each question answered correctly was awarded 1 point giving rise to a total possible score of 12. Only the aging older adults were tested in the CIMS because of the significant difference between the aging older monolinguals' and bilinguals' age of acquisition of English.
298	
299	The monolingual young adults were undergraduates from the Department of Psychology.

- 300
- The monolingual young adults were undergraduates from the Department of Psychology, University of Reading, and received course credits for their participation. The monolingual aging older adults were recruited via the University of Reading's Aging Research Panel and 301

- 302 were reimbursed £10 towards their transport. The bilingual young adults were recruited from
- 303 the National University of Singapore, the Nanyang Technological University and Ngee Ann
- 304 Polytechnic in Singapore. The bilingual aging older adults were recruited through visits at
- temples in Singapore and through personal contacts and were given gifts of fruits and biscuits
- 306 for cultural reasons.

### **307 2.2. Materials**

### 308 2.2.1. Background tests

309

310 To be able to control for potential confounding factors resulting from differences between the

- 311 groups on verbal and non-verbal abilities, as well as processing speed, a large battery of
- 312 background tests was carefully selected to record the participants' lexical and semantic 313 knowledge, and cognitive abilities, including fluid intelligence, verbal short-term memory
- and working memory, as well as processing speed. In terms of verbal abilities, the battery
- focused on lexical and semantic rather than grammatical abilities because the experimental
- 316 pragmatic tasks relied heavily on lexical and semantic information and did not have any
- 317 grammatical manipulations. Of course, grammatical abilities are relevant for all tasks
- involving the sentence and discourse level, but the battery was already very long.

### 319 2.2.1.1 Lexical and semantic measures

320

The **Raven's Short Vocabulary Scale** (**RVS**), consisting of 17 words increasing in difficulty in an ascending order, was used to measure lexical knowledge. All participants had to give

the meanings of the words on the list; their answers were audio recorded, and later scored

with a 0 if outright wrong, 1 if partially correct and 2 when totally correct. Because

- 325 vocabulary acquisition is positively related to socioeconomic status (SES) (Fernald,
- 326 Marchman, and Weisleder 2013; Hoff 2003), the RVS was used as a covariate together with
- 327 education to control for the SES of the participants.
- 328

329 A **Tamil vocabulary list** (**TVL**) was created with the help of a native Singapore Tamil

330 speaker. The TVL, like the RVS, had 17 vocabulary words and increased in its level of

331 difficulty as the bilingual participants progressed down the list. The TVL was scored in a

- 332 similar manner to the RVS.
- 333
- The **English Verbal Fluency** (**EVF**) test comprised of the English Letter Fluency (ELF) task and the English Semantic Category Fluency (ESCF) task. The ELF task measures vocabulary retrieval, and together with the SCF task, also detects neuropsychological impairments and frontal disorders (Gladsjo et al. 1999). In the ELF task, all participants were instructed to provide as many words as possible that began with the letters F, A and S in one minute each. They were also instructed to exclude proper nouns, such as names of people and places. In the ESCF task, the participants were instructed to state as many animals as they could in one
- 341 minute; they were specifically instructed to leave out breeds of the same animal (e.g.
- Alsatian, German Shepard, and Pomeranian all being breeds of the animal 'dog').
- 343

- The **Tamil Verbal Fluency** (**TVF**) test comprised of a Tamil Letter Fluency (TLF) task and a Tamil Semantic Category Fluency (TSCF) task. In the Tamil LF task, the bilingual participants were given the Tamil letters ([pʌ]), ([ʌ]) and ([sʌ]) and were similarly instructed as the English LF task, to provide as many words as possible that began with these letters in one minute each. They were also instructed to exclude proper nouns, such as names of people and places, and were provided with additional instructions where they were allowed
- 350 to substitute the vowel sound  $[\Lambda]$  in the syllabic consonants, ([p $\Lambda$ ]) and ([s $\Lambda$ ]), with any
- 351 of the other 11 vowels found in the Tamil alphabet.
- 352

The bilingual participants were required to complete both the EVF and the TVF. However, owing to the fact that Tamil speakers in Singapore seldom distinguish most animals by their breeds whilst speaking in Tamil, they were not instructed in the Tamil SCF to refrain from naming animals of the same breed.

- 357 **2.2.1.2. Measures of cognitive abilities**
- 358

359 The Stroop Arrow task (Blumenfeld and Marian 2011) was used to measure participants' 360 inhibitory abilities. The Stroop Arrow task has two stimulus dimensions: arrow direction and 361 arrow location. These are either congruent, with right-facing arrow (or left-facing arrow) appearing on the right (or left) of the screen, or incongruent, with right-facing arrow (or left-362 facing arrow) appearing on the left (or right) of the screen. Participants had to respond to the 363 364 direction of the arrow and ignore the location. For instance, for a right-facing arrow on the 365 left screen, participants had to inhibit the reflex to press the key on the left for two accounts, one being the location of the arrow on screen and the other being the direction of the arrow. 366 367 The Stroop Arrow task consisted of 40 congruent trials and 40 incongruent trials which were preceded by 12 practice trials. Each trial began with a black fixation cross which remained on 368 369 the white screen for 800 milliseconds and was followed by a blank white screen for 250 milliseconds, before the stimulus appeared either on the left or the right of the white screen. 370 371 The stimulus remained on screen for 1000 milliseconds or until a response key was hit. The 372 trial ended with a blank screen that lasted for 500 milliseconds, before a new trial began. The 373 response keys were a 'left-facing arrow' and a 'right-facing arrow' which were overlaid on 374 the 'A' and 'L' keys of a standard US keyboard, respectively. The Stroop Effect was obtained 375 by subtracting the congruent reaction time from the incongruent reaction time for correct

trials; a smaller Stroop effect implies greater inhibitory control.

- 377
- The Wechsler Adult Intelligence Scale (WAIS-III) Block Design was used to measure fluid intelligence and to control for between group differences on non-verbal IQ (de Oliveira et al. 2014). The WAIS-III Block Design required the participants to physically manipulate blocks to resemble the image shown to them. There was a total of nine images to reproduce using the blocks with five images being a two-by-two with a maximum time limit of 60 seconds and the remaining being a three-by-three with a maximum time limit of 120 seconds.
- 384 Participants were scored according to the scoring system found in the WAIS-III Block
- 385 Design where scores range between 4 and 7 for reproducing each image correctly within the
- time limit; for each image, the score obtained was inversely proportional to the time taken.

- The forward and backward Digit Span (DS) tasks from the Wechsler Memory Scale 388
- 389 (Revised) were used to test verbal short-term memory and working memory (Woods et al.
- 390 2011) because according to Hasher and Zacks (1988) they play vital role in discourse
- 391 processing. In the forward digit span, participants were required to recall the digits in the
- 392 order they were presented. In the backward digit span, participants were required to recall the 393 sequence in the reverse order. Participants were given a score of one for each correct set of
- 394 numbers recalled with a possible total score of 24.
- 395

396 The Number Comparison (NC) task (Salthouse and Babcock 1991) was used to measure 397 processing speed because the pragmatic task involved testing the response time. Participants 398 had to decide if pairs of numbers were the same or different. There were 3 sets of 12 pairs of 399 three, six and nine digits making a total of 36 items. All participants were timed separately 400 for each set of pairs beginning with the three-digit pairs followed by the six-digit pairs and 401 then the nine-digit pairs. Processing speed was calculated by first dividing the time taken to 402 complete each set by the total number of items in the set (i.e. 12), and then multiplying that 403 by the number of items that were correctly identified as being either same or different. The 404 total number of correct items for the entire task was then divided by the total time taken for

405 correct identification to give the processing speed (number of correct items per second).

#### 406 2.2.2. Experimental pragmatic tasks

407

408 Two pragmatic tasks were created to measure a range of non-literal language as well as literal 409 language: an English (EPrag) and a Tamil (TPrag) task. Each task was made up of five sets of 10 short stories to cover non-conventional indirect requests, conversational implicatures, 410 411 conventional metaphors, novel metaphors, and literal utterances. Standard Singapore English is based on Standard British English; while there is no variation in the grammar, lexical 412 413 differences do exist (Gupta 2010; Gupta 2012; Leimgruber 2011). Vocabulary that may have 414 different meanings in the two varieties of English were avoided in the stories. Similarly, all 415 stories were created to be culturally neutral, that is, the situational contexts were applicable to 416 both Singapore and the United Kingdom. The English conventional metaphors were selected 417 from a familiarity rating list administered to nine healthy aging monolingual English speakers aged 60 years and above in the United Kingdom and six healthy aging bilingual English-418 419 Tamil speakers aged 60 years and above in Singapore. Similarly, the Tamil conventional 420 metaphors were selected from a familiarity rating list administered to the same group of aging 421 bilingual English-Tamil speakers. Participants completed three practice trials before starting 422 on the actual task.

423

424 Each trial consisted of a short dialog by or between a male and a female character that were 425 accompanied by a line drawing to create a story. Participants heard the target utterances at the 426 end of these short dialogs. Each story started with the narrator providing the setting (e.g. "At

- a party") and background (e.g. "Jill is at a party.") and ended with a multiple-choice comprehension question in the format of "What will <story character's name or gender> say 428
- 429 or do next?". Participants heard the narrator reading out the questions and the four options as
- 430 well as seeing the questions and options displayed on the screen below the line drawings. The
- 431 questions and options for EPrag were typed onto the slide as text, whereas the questions and
- 432 their answer options for Tamil had to be handwritten and uploaded as images because the

- 433 experiment software did not support the Tamil script. The complete story board for the EPrag
- 434 task can be found in the supplementary material.
- 435

436 Each option can be categorized under one of four types: a) inferred meaning, b) literal

437 meaning, c) possible, but wrong reaction and d) wrong answer. There were two 'wrong

answers' for the literal category as there are no inferred meanings for the literal target
 utterances. Participants pressed the corresponding key on the keyboard to record their

- utterances. Participants pressed the corresponding key on the keyboard to record theiranswers, after which a new slide with the words "Next story?" appeared on the screen.
- 440 answers, after which a new side with the words Next story? appeared on the screen. 441 Pressing the space bar then brought the participants to the next slide which had a fixation
- 442 cross for 250 ms before a new story begun.
- 443
- 444 The dependent variables—accuracy scores and time taken to respond (in seconds)—were
- 445 recorded for each of the non-literal language types (i.e. non-conventional indirect requests,
- 446 conversational implicatures, conventional metaphors, and novel metaphors) and literal
- 447 utterances. The Time Taken to Respond (TTR) measure was calculated only for correct
- 448 responses for each non-literal and literal language type tested.
- 449 **2.3. Procedure**
- 450
- 451 The Pragmatic tasks were run using E-prime 2.0 Professional on an Acer Aspire 4820T
- 452 laptop with an Intel® CoreTM i5 processor 4.30M and a 14.0-inch HD LED LCD screen.
- 453 Participants were tested individually in separate sessions. The bilingual participants
- 454 completed the English and Tamil tasks in separate sessions. The bilinguals' testing sessions
- were counterbalanced by language; the English and Tamil sessions were spaced apart by twoto three weeks.
- ....
- 457 **2.4. Data analyses**
- 458
- 459 The study has set out to answer two research questions: 1) 'Is there an age effect on
- 460 pragmatic inference-making?', and 2) 'Is there a bilingual advantage in pragmatic inference-
- 461 making?'. Language Group (monolingual, bilingual) and Age (young, old) were the
- 462 independent variables for this study.
- 463
- 464 The age of acquisition of English and Tamil and CIMS scores were analysed with a Mann-
- 465 Whitney test. Age, education and the variables arising from the background tests were
- 466 analysed with a two-way univariate analysis of variance (ANOVA) with Age and Language
- 467 Group as factors. The MMSE was analyzed with a one-way ANOVA with Language Group
- 468 as the independent variable. Variables arising from the Tamil background tests were analyzed
- 469 with a one-way ANOVA with Age as the independent variable.
- 470
- Each of the pragmatic tasks (the EPrag and TPrag tasks) had five dependent variables for the
- 472 accuracy and five for the TTRs, corresponding to the five pragmatic conditions (non-

473 conventional indirect requests, conversational implicatures, conventional metaphors, novel 474 metaphors and literal utterances).

For the EPrag task, a two-way multivariate analysis of covariance (MANCOVA) was used to 475 476 test the effects of Age and Language Group on the EPrag accuracy scores (i.e. arising from 477 the non-conventional indirect requests, conversational implicatures, conventional metaphors, 478 novel metaphors and literal utterances) whilst controlling for potential effects of 479 socioeconomic status, verbal IQ, education, inhibition, verbal short-term memory and working memory as well as age of acquisition of English that may affect the participants' 480 481 inferential abilities. A similar analysis was conducted on the EPrag TTRs with Number 482 Comparison as an additional covariate to control for the differing processing speed of the 483 groups. Planned pairwise comparisons were conducted to compare differences between 484 young and aging older adults, and monolinguals and bilinguals for each pragmatic condition 485 separately.

486

487 For the TPrag task, a one-way MANCOVA was run to test for effects of Age on the TPrag

488 accuracy scores (arising from the non-conventional indirect requests, conversational

489 implicatures, conventional metaphors, novel metaphors and literal utterances) with

Education, Tamil Vocabulary List, Stroop Arrow, Block Design, Tamil Verbal Fluency, Age 490

491 of Acquisition of Tamil' and Digit Span as covariates. The covariates were included to

492 control for socioeconomic status, verbal IQ, differing educational levels between groups, 493 inhibition, verbal short-term memory and working memory that can potentially affect

494 inferential abilities, and to reduce error variances. Similarly, a one-way MANCOVA was

495 conducted on the TPrag TTRs with Number Comparison as an additional covariate to control

496 for differing processing speed of the groups. Finally, planned pairwise comparisons were

497 conducted to compare differences between young and aging older bilingual adults for each

498 pragmatic condition.

#### 499 3. Results

#### 500 **3.1. Demographics**

There was no significant difference between the monolinguals and bilinguals for Age in 501 Years  $(F(1, 68) = .523, p = .472, d = .2, 1 - \beta = .12)^1$  and for Years of Education  $(F(1, 68) = .12)^1$ 502 503 .037, p = .849, d = .06,  $1 - \beta = .06$ ). As expected, there was a significant difference in Age in 504 Years between the young and older adults (*F* (1, 68) = 2353.2, p < .001, d = 11.8,  $1 - \beta = 1.0$ ) 505 with a significant interaction between Age and Language Group (F(1, 68) = 4.776, p = .032, 506  $d = .5, 1 - \beta = .6$ ): Age in Years was different between young and aging older monolinguals 507  $(F(1, 37) = 1036.4, p < .001, d = 10.7, 1 - \beta = 1.0)$  and between young and aging older bilinguals  $(F(1, 31) = 1724.3, p < .001, d = 14.8, 1 - \beta = 1.0)$ . However, there was also a 508 509 significant difference between young and older adults in Years of Education (F(1, 68) =510 6.14, p = .016, d = .6,  $1 - \beta = .71$ ). There was no significant interaction between Age and 511 Language Group for Years of Education (F(1, 68) = 2.443, p = .123, d = .4,  $1 - \beta = .36$ ). The

512 difference in education between young and older adults is due to differences in years of

<sup>&</sup>lt;sup>1</sup> Effect size and power for all analyses were calculated using G\*Power (Version 3.1.9.2) and Lenhard & Lenhard (2016) (https://www.psychometrica.de/effect\_size).

- 513 education across generations, especially in Singapore, and was impossible to control for due
- 514 to changes in the society. Hence, Years of Education was used as a covariate to address this
- 515 confounding factor.
- 516
- 517 There was no significant difference on the MMSE between the monolingual and bilingual
- 518 aging older adults ( $F(1, 33) = .113, p = .739, d = .1, 1 \beta = .06$ ).
- 519
- 520 Mann-Whitney tests comparing the age of acquisition for English and Tamil between the 521 groups showed a significant difference in the age of acquisition of English between the aging 522 older monolinguals and bilinguals (U = .000, p < .001, r = .9,  $1 - \beta = 1.0$ ), and the young and 523 aging older bilinguals (U = 19, p < .001, r = .8,  $1 - \beta = 1.0$ ). There was no significant 524 difference between the young monolinguals and bilinguals (U = 123.5, p = .15, r = .4,  $1 - \beta =$ 525 80). As for the age of acquisition of Tamil, there was no significance between the
- 526 young and aging older bilinguals ( $U = 141, p = .973, r = .02, 1 \beta = .05$ ).
- 527
- 528 The Mann-Whitney test comparing the Complex Ideational Materials Subtest (CIMS) scores 529 did not show any significant difference between the aging older monolinguals and bilinguals 530  $(U = 125, p = .354, r = .17, 1 - \beta = .23).$
- 531
- 532 **3.2. Background tests**
- 533
- Table 3 shows the results from the background tests
- 535======536Insert Table 3 around here
- 537
- 538

### 539 **3.2.1. Lexical and semantic measures**

- 540
- 541 In terms of vocabulary knowledge in English (RVS), there was a significant main effect of

\_\_\_\_\_

- 542 Language Group ( $F(1, 68) = 4.188, p < .05, d = .5, 1 \beta = .55$ ), but no significant main
- 543 effect of Age ( $F(1, 68) = 1.847, p > .05, d = .3, 1 \beta = .28$ ). There was a significant
- interaction effect between Language Group and Age ( $F(1, 68) = 4.141, p < .05, d = .5, 1 \beta$
- 545 = .54). Follow-up simple effects showed that aging older monolinguals had better vocabulary
- 546 knowledge than young monolinguals ( $F(1, 68) = 6.309, p < .05, d = .6, 1 \beta = .72$ ) and 547 aging older bilinguals ( $F(1, 68) = 8.026, p < .01, d = .7, 1 - \beta = .82$ ). There were no

- 548 significant differences in the vocabulary knowledge of the young monolinguals and
- 549 bilinguals ( $F(1, 68) = .000, p > .05, d = .00, 1 \beta = .05$ ), and between young bilinguals and
- aging older bilinguals ( $F(1, 68) = .210, p > .05, d = .1, 1 \beta = .074$ ). In terms of vocabulary knowledge in Tamil (TVL) the young bilinguals and aging older bilinguals did not differ (F
- 552  $(1, 32) = .696, p > .05, d = .3, 1 \beta = .13).$
- 553
- 554 The two-way ANOVA on the English Verbal Fluency test (EVF) showed a significant main effect of Language Group ( $F(1, 68) = 5.266, p < .05, d = .6, 1 - \beta = .64$ ), but no significant 555 556 main effect of Age (F (1, 68) = 1.852, p > .05, d = .3,  $1 - \beta = .29$ ). There was a significant 557 interaction effect between Language Group and Age ( $F(1, 68) = 9.208, p < .01, d = .7, 1 - \beta$ = .87). Both aging older monolinguals (F (1, 68) = 13.685,  $p < .001, d = .9, 1 - \beta = .96$ ) and 558 559 young bilinguals ( $F(1, 68) = 8.886, p < .01, d = .7, 1 - \beta = .86$ ) had better verbal fluency than 560 aging older bilinguals. There were no significant differences between the young monolinguals and aging older monolinguals (F(1, 68) = 1.534, p > .05, d = .3,  $1 - \beta = .24$ ), 561 562 and between the young monolinguals and young bilinguals (F(1, 68) = .284, p > .05, d = .1,  $1 - \beta = .083$ ). The young bilinguals and aging older bilinguals did not differ in the Tamil 563
- 564 Verbal Fluency test (TVF) ( $F(1, 32) = .055, p > .05, d = .09, 1 \beta = .057$ ).
- 565

### 566 **3.2.2. Measures of cognitive abilities**

567

568 A two-way ANOVA showed no significant main effect of Language Group on the Stroop 569 Effect ( $F(1, 68) = .116, p > .05, d = .09, 1 - \beta = .07$ ) and no significant interaction of 570 Language Group and Age ( $F(1, 68) = 2.243, p > .05, d = .36, 1 - \beta = .33$ ). However, there 571 was a highly significant main effect of Age on the Stroop Effect (F(1, 68) = 24.15, p < .001,572  $d = 1.2, 1 - \beta = .999$ ) indicating that young adults had better inhibitory abilities than aging 573 older adults.

574

575	The Kruskal-Wallis test showe	ed a highly significan	t effect of Age on the	e Block Design ( $H(1)$
-----	-------------------------------	------------------------	------------------------	-------------------------

- 576 = 17.985, p < .001). There was no significant effect of Language Group (H(1) = 1.968, p > 0.001).
- 577 .05). Follow-up Mann-Whitney tests indicated that the young bilinguals had higher scores on
- 578 the BD than the aging older bilinguals (U = 2.0, p < .001, d = 2.1). There was no difference 579 between the young and aging older monolinguals (U = 148.5, p > .025, d = .38). (A
- 579 between the young and aging older monomiguals (O = 148.5, p > .025, a = .58). (A 580 Bonferroni correction was applied, and all effects are reported at a 0.025 level of
- 581 significance.)

- 583 There was a significant main effect of Language Group on the Digit Span (F(1, 68) = 9.731, 584  $p < .01, d = .76, 1 - \beta = .89$ ), but no significant main effect of Age (F(1, 68) = 3.598, p > .05,
- p < .01, a = .70, 1 p = .03), but no significant main effect of Age (P(1, 08) = 5.598, p > .05585  $d = .49, 1 - \beta = .48$ ). There was a significant interaction effect between Language Group and
- a = .49, 1 p = .48). There was a significant interaction effect between Language Group an S86 Age (F (1, 68) = 14.001, p < .001, d = .91, 1 -  $\beta$  = .97). Follow-up simple effects analyses
- showed the voung bilinguals had a significantly better verbal short-term memory and
- working memory than young monolinguals ( $F(1, 68) = 24.461, p < .001, d = 1.2, 1 \beta =$
- 589 .999), and aging older bilinguals (F(1, 68) = 14.623, p < .001, d = .93,  $1 \beta = .97$ ). There

- 590 were no differences between young monolinguals and aging older monolinguals (F(1, 68) =
- 591 1.864, p > .05, d = .33,  $1 \beta = .29$ ), and between aging older monolinguals and bilinguals (*F* 592 (1, 68) = .187, p > .05, d = .11,  $1 - \beta = .08$ ).

593 There was no significant main effect of Language Group (F(1, 68) = 2.173, p > .05, d = .36,

594  $1 - \beta = .32$ ) on the Number Comparison and no significant interaction effect between

595 Language Group and Age ( $F(1, 68) = .878, p > .05, d = .23, 1 - \beta = .16$ ). However, there was

- a highly significant main effect of Age ( $F(1, 68) = 25.206, p < .001, d = 1.2, 1 \beta = .999$ ), indicating that the young edults had better measuring encode then the older edults
- 597 indicating that the young adults had better processing speed than the older adults.
- 598

### **3.3. Pragmatic tasks**

- 600 3.3.1. EPrag accuracy scores and TTRs
- 601

602 Figure 1 shows the participants' accuracy scores for the English Pragmatic (EPrag) task.

\_\_\_\_\_

603
-----

604 Insert Figure 1 around here

605

606

607 608 609 610 611 612 613 614 615 616 617 618 619	The MANCOVA on the accuracy scores showed a significant effect of Age on the combined dependent variables (non-conventional indirect requests, conversational implicatures, conventional metaphors, novel metaphors and literal utterances) ( $\lambda = .779$ , <i>F</i> (5, 57) = 3.225, $p < .05$ , $d = 1.1$ ), indicating differences between young and aging older participants. There was no significant effect of Language Group on the combined dependent variables ( $\lambda = .948$ , $F$ (5, 57) = .626, $p > .05$ , $d = .5$ ), indicating that monolinguals and bilinguals performed alike and no significant interaction effect between Language Group and Age ( $\lambda = .935$ , $F$ (5, 57) = .793, $p > .05$ , $d = .5$ ), indicating that monolinguals show the same pattern of performance. The planned comparisons for each non-literal condition separately showed that young monolinguals were significantly better than aging older monolinguals at conventional metaphors ( $F$ (1, 31) = 9.06, p = .005, $d = 1.1$ , $1 - \beta = .9$ .). There was no significant difference between young bilinguals and aging older bilinguals for conventional metaphors ( $F$ (1, 24) = 2.072, $p > .05$ , $d = .6$ , $1 - \beta = .37$ ).	
620	Figure 2 shows the participants' TTRs for the English Pragmatic (EPrag) task.	
621		
622	Insert Figure 2 around here	
623		

625 626 627 628 629 630 631 632 633 634 625	The MANCOVA on the TTRs showed a significant main effect of Age on the combined TTRs for the non-conventional indirect requests, conversational implicatures, conventional metaphors, novel metaphors and literal utterances ( $\lambda = 0.746$ , $F(5, 56) = 3.818$ , $p < .01$ , $d = 1.2$ ), indicating differences between young and aging older participants. There was no significant main effect of Language Group on the combined TTRs ( $\lambda = .911$ , $F(5, 56) = 1.096$ , $p > .05$ , $d = .6$ ), indicating that monolinguals and bilinguals performed alike. There was no significant interaction effect between Language Group and Age ( $\lambda = .963$ , $F(5, 56) = .435$ , $p > .05$ , $d = .4$ ), indicating that monolinguals and bilinguals showed the same pattern of performance. The planned comparisons for each non-literal condition separately showed that young monolinguals were significantly faster than aging older monolinguals in inferring
635 636	conventional metaphors ( $F(1, 30) = 7.074$ , $p = .012$ , $d = 1.0$ , $1 - \beta = .84$ ). whilst there was no significant difference between the young and aging older bilinguals ( $F(1, 23) = 2.034$ , $p > 2.$
637	$.05, d = .6, 1 - \beta = .37$ ). (A Bonferroni correction was applied, and the effects are reported at
638	a .0125 level of significance.) There were no significant differences between the young
639	monolinguals and aging older monolinguals for the literal utterances TTR ( $F(1, 30) = 1.401$ ,
640	$p > .05, d = .4, 1 - \beta = .26$ ), conversational implicatures TTR ( $F(1, 30) = 5.112, p > .05, d = .05$
641	.8, $1 - \beta = .7$ ) and novel metaphors TTR ( <i>F</i> (1, 30) = 6.195, <i>p</i> > .01, <i>d</i> = .9, $1 - \beta = .78$ ).
642 643	Likewise, there were no significant differences between the young bilinguals and aging older bilinguals for literal utterances TTR ( $F(1, 23) = 2.873, p > .05, d = .7, 1 - \beta = .49$ ),
644	conversational implicatures TTR ( $F(1, 23) = .716, p > .05, d = .4, 1 - \beta = .16$ ), and novel
645	metaphors TTR ( $F(1, 23) = 3.634, p > .05, d = .8, 1 - \beta = .59$ ). (Planned comparison was not
646	done for non-conventional indirect requests TTR because the independent one-way
647	ANCOVA did not show a significant main effect of Age ( $F(1, 60) = 4.755, p > .01, d = .6, 1$
648	$-\beta = .65.)$
649	
650	3.3.2. TPrag task accuracy scores and TTRs
651	Figures 3 and 4 show the accuracy scores and TTRs for the TPrag task.
652	
653	Insert Figure 3 around here
654	
655	
656	Insert Figure 4 around here
657	
658 659 660 661	The MANCOVA on the accuracy scores showed no significant main effect of Age on the combined accuracy scores ( $\lambda = 0.873$ , $F(5, 21) = .609$ , $p > .05$ , $d = .8$ ). Likewise, the MANCOVA on the TTRs did not show a significant main effect of Age on the combined TTRs ( $\lambda = 0.635$ , $F(5, 20) = 2.3$ , $p > .05$ , $d = 1.5$ ).
662	
663	4. Discussion
664	

665 Everyday communication comprises of an extensive use of non-literal language, such as idioms, proverbs, metaphors, indirect requests, and conversational implicatures. Although the 666 developed world is facing a rapidly aging population, research on the comprehension of non-667 668 literal language in aging older adults is limited and is based mainly on monolingual speakers. 669 Whilst some studies found that aging older adults are able to access the non-literal meanings 670 of metaphors (Morrone et al. 2010; Newsome and Glucksberg 2002; Ulatowska et al. 1998; Oualls and Harris 2003) and suggested that aging older adults are "as efficient" as younger 671 adults when processing metaphors (Newsome and Glucksberg 2002), some other studies 672 demonstrated an age-related decline in non-literal language comprehension (Nippold, Uhden, 673 674 and Schwarz 1997; Uekermann, Thoma, and Daum 2008). The differences in the findings of 675 these studies could be related to the differences in the methodologies used, the variability in 676 the participant populations, and the designs of the studies. Importantly, although context 677 plays a key role in the comprehension of non-literal language, previous studies reviewed 678 either did not present non-literal utterances within a situational context or presented them in 679 texts that required connective inferences.

texts that requires

680

681 The current study aimed to fill the gap in the literature of aging older adults' pragmatic 682 inferential abilities using non-literal utterances embedded in situational contexts. It also sought to investigate if there was a bilingual advantage in pragmatic inference-making. 683 684 Young and older monolinguals and bilinguals underwent a battery of background tests to measure their vocabulary knowledge, non-verbal IQ, verbal fluency, inhibition, verbal short-685 term memory and working memory, and processing speed as well as completed a language 686 use and history questionnaire to provide information such as education, age of acquisition of 687 English and language usage. To address their pragmatic inferential abilities, participants 688 689 completed an English pragmatic task that had the target literal and non-literal utterances 690 presented in context-based vignettes that were culturally neutral. The bilinguals were, in 691 addition, tested with a Tamil pragmatic task. Participants were tested for both accuracy and 692 response time. After controlling for education, vocabulary knowledge, non-verbal IQ, verbal 693 fluency, inhibition, verbal short-term memory and working memory, age of acquisition of 694 English and processing speed, a clear effect of age on the comprehension of English 695 conventional metaphors emerged. Planned comparisons showed that aging older 696 monolinguals were less accurate and slower than young monolinguals on the comprehension 697 of English conventional metaphors. Aging older bilinguals, on the other hand, were as 698 accurate and efficient as young bilinguals on the comprehension of English conventional 699 metaphors. Moreover, although there was no effect of Language Group (i.e. bilingualism) for 700 any of the non-literal language types tested, this effect of age found for the monolinguals was 701 not found for the bilinguals for any of the non-literal language types tested in the study, be it 702 in English or Tamil.

703

### 704 **4.1. Understanding non-literal language as we age**

- 705
- 706 In the present study, we found an age-related decline in conventional metaphor
- comprehension, but only for the monolinguals. Not only were the aging older monolinguals
- ros less accurate than the young monolinguals in comprehending conventional metaphors, they

- were also much slower when processing conventional metaphors. Past literature supports the
- 710 present findings that monolingual aging older adults experience an age-related decline in non-11 literal language comprehension (Nippold, Uhden, and Schwarz 1997; Uekermann, Thoma,
- and Daum 2008). It is worth noting here that the conventional metaphors were selected based
- on the metaphor familiarity rating list completed by a sample of both monolingual and
- bilingual aging older adults, but not by the younger groups. Hence, older participants would
- have been guaranteed familiar with the conventional metaphors, more so than the young
- 716 participants. In spite of this advantage, the aging older monolinguals were significantly less
- 717 accurate and slower in inferring the metaphorical meaning of the utterances.
- 718
- 719 On the other hand, the aging older bilinguals were as accurate as the young bilinguals in
- terms of understanding English and Tamil metaphors (as well as the other non-literal
- language types tested); this is in line with studies showing that aging older adults are able to
   access the non-literal meanings of metaphors (Morrone et al. 2010; Newsome and
- access the non-literal meanings of metaphors (Morrone et al. 2010; Newsome and
- Glucksberg 2002; Ulatowska et al. 1998; Qualls and Harris 2003). In addition, the aging
   older bilinguals were not significantly slower than the young bilinguals at arriving at the
- older bilinguals were not significantly slower than the young bilinguals at arriving at the correct meaning of the English and Tamil metaphors. These findings suggest that aging older
- adults are "as efficient" as young adults when processing metaphors (Newsome and
- 727 Glucksberg 2002).
- 728

We now know that pragmatic inference-making does slow down with aging, even with

- processing speed attrition as well as cognition and other factors having been taken into
- account, but not for all non-literal language types and not for bilinguals.
- 732

### 733 4.2. Bilinguals and pragmatic inference-making

734

The present study did not find any significant differences between the monolinguals and bilinguals in terms of pragmatic inference-making. Of the very few studies that investigated the pragmatic inference-making abilities of bilinguals, one found no bilingualism effect on conversational implicatures for L2 learners and native speakers of English (Manowong 2011), while another found a slightly higher correlation between linguistic comprehension and pragmatic comprehension of both indirect requests and conversational implicatures for L2 learners of English with higher English language proficiency than L2 learners with lower

T42 English language proficiency (Garcia 2004).

- 744 In the present study, the bilinguals used the English language on a daily basis and had self-
- assessed their English language proficiency in speaking and listening as being between
- <sup>746</sup> 'Good' to 'Native-like'. The bilinguals in the present study were not disadvantaged by their
- <sup>747</sup> 'non-native speaker' status unlike the L2 leaners of English in Garcia's (2004) study and did
- not display a significant disadvantage in discourse processing as seen by their performance in
- both the literal and non-literal language types tested in the pragmatic tasks.

- 750 Although there was no overall significant effect of bilingualism on pragmatic inference-
- making, the findings of the present study point to a bilingual advantage when it comes to
- comprehending English conventional metaphors; aging older bilinguals' conventional
- 753 metaphor processing was not affected by age unlike the aging older monolinguals'. As 754 established earlier, pragmatic inferences require higher order cognitive skills (Champagne-
- Lavau and Joanette 2009), and a number of studies have shown bilingualism attenuating
- result and somethe 2009), and a number of studies have shown oningualism attenuating
   cognitive decline associated with aging (Luk et al. 2011) and bilinguals possessing superior
- cognitive abilities than monolinguals even as they get older (Bialystok, Craik, and Ryan
- 758 2006). Thus, it should come as no surprise that aging older bilinguals were not affected by
- age whilst processing conventional metaphors unlike their monolingual counterparts.
- 760 The sample size of the present study was small, which is one of the limitations of the study. A
- second limitation is that the study focused only on comprehension and did not measure the
- 762 participants' production of non-literal language. Future research can compare the
- comprehension with the production of non-literal language by a larger sample of aging older
- adults and examine the effects of Language Group. This would provide a complete picture of
- both comprehension and production of non-literal language.
- 766

### 767 **5. Conclusion**

The present study examined the effects of age(ing) and the effects of bilingualism on

- 769 pragmatic inferences by monolingual and bilingual young and older adults. The present study
- has controlled for a large number of variables that can affect pragmatic inference-making.
- 771 These variables include the participants' vocabulary knowledge, non-verbal IQ, education,
- socioeconomic status, age of acquisition of English, inhibition, verbal short-term memory and
   working memory, verbal fluency and processing speed. On top of this, the young and aging
- working memory, verbal fluency and processing speed. On top of this, the young and agingolder bilinguals were tested in both their languages, English and Tamil. Regardless of
- 774 older bilinguals were tested in both then languages, English and Tahli. Regardless of 775 language, aging older bilinguals were not affected by age whilst processing literal and non-
- 776 literal language. This is in direct contrast to aging older monolinguals who displayed an age-
- related disadvantage when confronted with conventional metaphors. This suggests a bilingual
- advantage in pragmatic inferences of conventional metaphors.
- 779

### 780 6. Ethics Statement

- 781 This study was reviewed by the School of Psychology and Clinical Language Sciences'
- 782 Ethics Committee and the University Research Ethics Committee (University of Reading) 783 and was given a favourable othics! onlines for ear dust
- and was given a favourable ethical opinion for conduct.

### 784 **7. Author Contributions**

SS conceived and designed the study together with TM and AB. SS created the pragmatic
tasks, collected, analysed and interpreted the data. SS together with TM and AB wrote the
paper.

### 788 8. Acknowledgements

- 789 SS would like to thank Manicandane Annamalai for his voiceovers for the English and Tamil
- 790 Pragmatic tasks and other assistance rendered during the data collection. The study reported

- in this paper was part of the first author's PhD thesis submitted to the University of Reading.
- 792 SS would like to thank her supervisors for their guidance throughout the research.
- 793 9. Datasets are available on request:
- The raw data supporting the conclusions of this manuscript will be made available by the authors, without undue reservation, to any qualified researcher.

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Demographic characteristics		Monolinguals		Bilinguals	
		Young	Old	Young <sup>#</sup>	Old
		(n = 19)	(n = 20)	(n = 18)	(n = 15)
Gender (M, F)		3, 16	10, 10	7, 11	6, 9
				[7, 12]	
Age	Mean (SD)	19.47 (0.7)	69.9 (6.8)	20.93 (1.57)	67.01 (4.39)
				[21.02 (1.58)]	
	Min-Max	18-21	60-83	17-23	60-78
Education	Mean (SD)	14.97 (0.63)	14.4 (3.58)	15.83 (1.54)	13.3 (3.63)
				[15.89 (1.52)]	
	Min-Max	14-16	10-20	14-19	7-18
MMSE	Mean (SD)	NA	28.8 (1.24)	NA	28.67 (1.05)
	Min-Max	NA	27-30	NA	27-30
CIMS	Mean (SD)	NA	11.65 (0.67)	NA	11.33 (0.98)
	Min-Max		10-12		9-12

Table 1 Demographic statistics of all participants

MMSE = Mini Mental State Examination; CIMS = **Complex Ideational Materials Subtest;** YM = Young monolinguals; YB = Young bilinguals; OM = Old monolinguals; OB = Old bilinguals <sup>#</sup>One bilingual young adult was excluded from the final analysis of the English pragmatic task because of equipment failure during this task. [] indicates data for n = 19 for young bilinguals.

Linguistic characteristics		YM	OM	YB	OB
		(N = 19)	(N =20)	(N =19)	(N = 15)
Age of Acquisition	0-5	19	20	17	2
of English (in years)	6 - 10	0	0	2	10
	11 – 19	0	0	0	3
Age of Acquisition	0-5	0	0	18	15
of Tamil or other	6 - 10	0	0	1	0
language (in years)	11-19	2	5	0	0
	20 >	0	3	0	0
Conversing in	Mean (SD)	13.95 (4.2)	10.73 (3.45)	10.08 (4.19)	5.2 (3.9)
English (hours/day)	Min-Max	2.5-16	1.5-14	3-17	0.3-12
Conversing in Tamil	Mean (SD)	0.5 (0.0)	0 (0)	4.4 (3.52)	6.12 (5.48)
or other language	Min-Max	0.5-0.5	0	0-11	0.3-16
(hours/day)					

Table 2 Linguistic characteristics of participants derived from the LHUQ according to groups

^ Monolingual young and older participants, who chose to state 'English only" or 'English All Day' when asked on the LHUQ to state the number of hours (out of 24 hours per day) that they communicate with various groups of people in the languages they know, were assigned 16 hours and 12 hours respectively to match the total hours stated by their age cohorts.