

Skill assessment and sources of predictability for the leading modes of sub-seasonal Eastern Africa short rains variability

Article

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Abstract

Understanding how models represent sub-seasonal rainfall variations and what influences model skill is essential for improving sub-seasonal forecasts and their applications. Here, empirical orthogonal function (EOF) analysis is employed to investigate weekly Eastern Africa short rains variability from October to December. The observed leading EOF modes are identified as (i) a monopole-like rainfall pattern with anomalies impacting southern Ethiopia, Kenya, and northern Tanzania; and (ii) a dipole-like rainfall pattern with contrasting anomalies between Tanzania and the northeastern sector of Eastern Africa. An examination of the links between the leading modes and specific climate drivers, namely, the Madden–Julian Oscillation (MJO), El Niño–Southern Oscillation, and Indian Ocean Dipole (IOD), shows that the MJO and IOD have the highest correlations with the two rainfall modes and indicates that the monopole (dipole)-like rainfall pattern is associated with MJO convective anomalies in the tropical Indian Ocean and western Pacific (Maritime Continent and Western Hemisphere). Assessments of model ability to capture and predict the leading modes show that the European Centre for Medium-Range Weather Forecasts (ECMWF) and the UK Met Office models outperform the National Centers for Environmental Prediction model at forecast horizons from one to four weeks ahead. Amongst the drivers examined, the MJO has the largest impact on the forecast skill of rainfall modes within the ECMWF model. If MJO-related variability is reliably represented, the ECMWF model is more skilful at predicting the main modes of weekly rainfall variability over the region. Our findings can support model developments and enhance anticipatory planning efforts in several sectors, such as agriculture, food security, and energy.

Keywords (separated by '-') Eastern Africa Short Rains - Empirical Orthogonal Function Analysis - Madden–Julian Oscillation - El Niño–Southern Oscillation - Indian Ocean Dipole - Sub-seasonal Prediction Skill

Footnote Information



1 Skill assessment and sources of predictability for the leading modes 2 of sub-seasonal Eastern Africa short rains variability

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6 Abstract

7 Understanding how models represent sub-seasonal rainfall variations and what influences model skill is essential for improv-
8 ing sub-seasonal forecasts and their applications. Here, empirical orthogonal function (EOF) analysis is employed to investi-
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20 ECMWF model is more skilful at predicting the main modes of weekly rainfall variability over the region. Our findings can
21 support model developments and enhance anticipatory planning efforts in several sectors, such as agriculture, food security,
22 and energy.

23 **Keywords** Eastern Africa Short Rains · Empirical Orthogonal Function Analysis · Madden–Julian Oscillation · El Niño-
24 Southern Oscillation · Indian Ocean Dipole · Sub-seasonal Prediction Skill

25 1 Introduction

26 Rainfall variations in Eastern Africa, which includes the
27 countries of Burundi, Djibouti, Eritrea, Ethiopia, Kenya,
28 Rwanda, Somalia, Sudan, South Sudan, Tanzania, and
29 Uganda (Fig. 1), with a total population of 457 million peo-
30 ple (Palmer et al. 2023), may substantially impact several
31 crucial activities in the region, in sectors such as agriculture,
32 food security, and energy (Funk et al. 2008; Anande and
33 Luhunga 2019; Chang’a et al. 2020; FSNAU 2022; Palmer

et al. 2023). Thus, there has been an increasing interest in
understanding what controls Eastern Africa rainfall vari-
ability (Ogallo et al. 1988; Ogallo 1989; Indeje et al. 2000;
Black et al. 2003; Schreck and Semazzi 2004; Bowden and
Semazzi 2007; Berhane and Zaitchik 2014; Gamoyo et al.
2015; Nicholson 2017; Wenhaji Ndomeni et al. 2018; Kol-
stad and MacLeod 2022; Maybee et al. 2022; among others).

Specifically, significant variations in Eastern Africa rain-
fall occur throughout the October–November–December
(OND) short rains (Nicholson 2017; Palmer et al. 2023),
showing, in particular, large interannual/seasonal variabil-
ity (Camberlin and Wairoto 1997; Camberlin et al. 2009).
Previous studies have investigated the sources of seasonal
short rains variability, mainly indicating associations with
El Niño–Southern Oscillation (ENSO; Nicholson and Kim
1997; Schreck and Semazzi 2004; Bowden and Semazzi
2007; Hoell et al. 2014; MacLeod et al. 2021; Kolstad and

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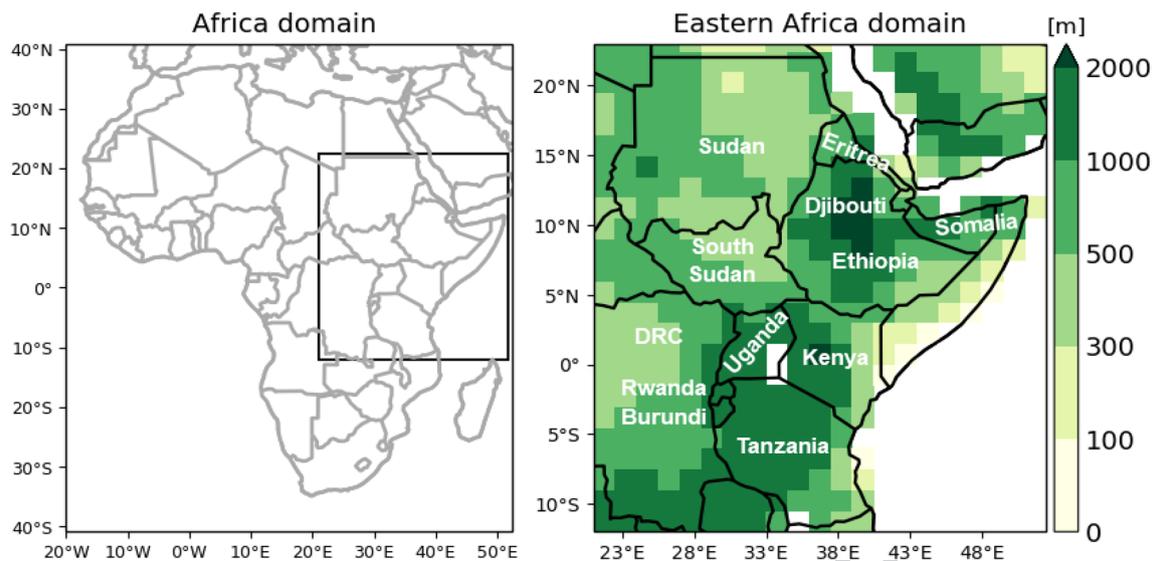


Fig. 1 Africa domain in the left panel with a black box indicating the Eastern Africa domain (12°S–23°N, 21°–52°E) magnified in the right panel. Burundi, Djibouti, Eritrea, Ethiopia, Kenya, Rwanda, Somalia, Sudan, South Sudan, Tanzania, and Uganda are the 11 countries

comprising the Eastern Africa domain. DRC stands for Democratic Republic of the Congo. Topography (shaded) in the right panel is shown in metres (m) and sourced from ERA5 reanalysis (Hersbach et al. 2020)

MacLeod 2022) and the Indian Ocean Dipole (IOD; Black et al. 2003; Behera et al. 2005; Nicholson 2015; Hirons and Turner 2018; Bahaga et al. 2019; Kolstad and MacLeod 2022). Strong co-variability exists between ENSO and the IOD (Nicholson 2015; Zhang et al. 2015), with the latter typically having more influence than the former on the short rains owing to its modulation of local zonal circulation (Goddard and Graham 1999; Bergonzini et al. 2004; Nicholson 2015; Zhao and Cook 2021). A weaker-than-normal zonal circulation over the Indian Ocean is related to positive sea surface temperature (SST) anomalies in the west and negative SST anomalies in the east, leading to enhanced rainfall in Eastern Africa (Black et al. 2003; Behera et al. 2005; Ummerhofer et al. 2009). The opposite SST pattern strengthens the zonal circulation over the Indian Ocean (Jiang et al. 2021; Zhao and Cook 2021), favouring reduced rainfall in Eastern Africa (Black et al. 2003; Behera et al. 2005). The most recent noticeable impact of an IOD event occurred in Eastern Africa's 2019 short rains and was associated with substantially above-average rains that forced hundreds of thousands of people to flee their homes and caused crop and livestock losses in the areas severely affected (Wainwright et al. 2021).

In addition to seasonal rainfall variability, sub-seasonal short rains anomalies (i.e., wet and dry spells within the rainy season that extend longer than the synoptic timescale) have also been identified (Camberlin and Wairoto 1997; Mutai and Ward 2000; Pohl and Camberlin 2006a; b; Zaitchik 2017). Such sub-seasonal rainfall variations are mainly related to the influence of the Madden–Julian

Oscillation (MJO) over Eastern Africa, with significant phasing dependence (Pohl and Camberlin 2006a; b; Omeny et al. 2008; Berhane and Zaitchik 2014; Hogan et al. 2015). In general, rainfall increases (reduces) in most of Eastern Africa when the MJO-enhanced convective core is over the tropical Indian Ocean (Western Pacific) (Omeny et al. 2008; Hogan et al. 2015), as indicated by phases 2 and 3 (6 and 7) of the Real-Time Multivariate MJO index (RMM; Wheeler and Hendon 2004).

While seasonal predictions of short rains variability show great accuracy several months ahead of a season in association with ENSO and IOD modulation (Bahaga et al. 2015; MacLeod 2019; Walker et al. 2019), sub-seasonal prediction skill of short rains variability over a few weeks ahead remains relatively modest (Vigaud et al. 2018; 2019; de Andrade et al. 2021; Kolstad et al. 2021), with correlations rarely above 0.4 after two weeks lead time (de Andrade et al. 2021). As a result, linearly corrected forecasts have emerged and, to some extent, skill improvements have been linked to potential drivers of sub-seasonal to seasonal predictability such as the MJO, ENSO, and the IOD (Vigaud et al. 2018; de Andrade et al. 2021; Kolstad et al. 2021). Nevertheless, improving our understanding of sub-seasonal short rains variability, particularly the underlying drivers that modulate the local rainfall impacts, is essential to better predicting and anticipating sub-seasonal rainfall anomalies in Eastern Africa.

Here, an in-depth investigation of sub-seasonal variability and prediction skill of short rains is performed by examining its leading weekly rainfall modes rather than the

commonly assessed weekly rainfall anomalies within the season (Vigaud et al. 2019; de Andrade et al. 2021). This approach allows us to evaluate distinct weekly rainfall variability patterns accounting for the largest portion of the total variance in the sub-seasonal rainfall anomalies. While this approach has been applied in a small number of studies at pentad and seasonal timescales (Schreck and Semazzi 2004; Bowden and Semazzi 2007; Wenhaji Ndomeni et al. 2018; Kolstad and MacLeod 2022), evidence is lacking for further assessing the leading modes of Eastern Africa short rains variability at weekly timescales, along with their representation within dynamical models, sources of predictability, and prediction skill. Given that, the following questions are addressed:

- 125 What are the leading modes of weekly Eastern Africa short rains variability and their relationships with potential climate drivers?
- 126
- 127
- 128 What is the current ability of the models to capture and predict the leading rainfall modes at different weekly lead times?
- 129
- 130
- 131 What is the contribution of climate drivers to the sub-seasonal predictive skill of the leading rainfall modes?
- 132

133 Providing answers to the questions above would help advance the scientific understanding, support model developments, and contribute to assisting sectors in taking preparedness measures that reduce or avoid the effects of high-impact weather conditions on people's lives and livelihoods in Eastern Africa (Hirons et al. 2021; Gudoshava et al. 2022). The paper is organised as follows: Section 2 presents the datasets and methods used, Section 3 describes the results from this study, and Section 4 summarises key findings and provides conclusions.

144 2 Methodology

144 2.1 Observational analysis

145 Rainfall data sourced from the Tropical Applications of Meteorology using SATellite and ground-based observations (TAMSAT; Maidment et al. 2014; 2017) version 3.1 were used to investigate observed sub-seasonal Eastern Africa short rains variability. Land-only TAMSAT rainfall estimates are derived from rain gauge measurements used for calibration and thermal infrared satellite imagery (Maidment et al. 2017). Here, the spatial resolution of daily TAMSAT data was linearly interpolated (using bilinear interpolation) from the regular $0.0375^\circ \times 0.0375^\circ$ grid to $1.5^\circ \times 1.5^\circ$ to facilitate the comparison with modelled outputs, as shown later. Although TAMSAT produces rainfall estimates from 1983 to the present, we focused

158 on the 1999–2016 period to match all datasets temporal resolution analysed here. Weekly data were obtained by averaging seven consecutive days without overlapping 159 from October 1st to December 24th, totalling 13 weeks 160 within the short rains season. This produces a sample 161 size of 234 weeks between 1999 and 2016 (13 weeks over 162 18 years). Weekly rainfall anomalies were computed by 163 subtracting the corresponding 1999–2016 long-term mean 164 from the total field. 165 166

167 Given the known uncertainty in rainfall observations in the region (Sylla et al. 2013), three other observational datasets were assessed to examine how sensitive the results are to selecting the observational reference, following the method described to obtain weekly TAMSAT rainfall anomalies. The additional datasets are the land-only Climate Hazards Group Infrared Precipitation with Stations (CHIRPS; Funk et al. 2015), the Global Precipitation Climatology Project (GPCP; Huffman et al. 2001) version 1.3, and the Tropical Rainfall Measuring Mission (TRMM) Multi-Satellite Precipitation Analysis 3B42 (Huffman et al. 2007). These datasets were chosen because they are also frequently used satellite-derived products to study rainfall variability in Eastern Africa (Dinku et al. 2007; 2011; Kimani et al. 2017; Ageet et al. 2022; Palmer et al. 2023). 171 172 173 174 175 176 177 178 179 180 181

182 Empirical orthogonal function (EOF; Wilks 2006) analysis was performed on all the observational datasets to identify the leading modes of weekly rainfall variability in the Eastern Africa domain (Fig. 1). The EOF analysis used GPCP and TRMM data with masking over oceanic regions to consider all datasets with land-only grid point information. The eigenvalues and eigenvectors of an anomaly covariance matrix of a field were computed to extract the EOF modes. Since the EOF analysis does not consist of physical assumptions, a field is separated into mathematically orthogonal modes, which occasionally can be translated into physical structures (Hannachi et al. 2007). The eigenvalues are used to express the percentage of variance explained by each EOF mode. Nevertheless, the eigenvalues may not always be distinguishable owing to sampling issues. The North's rule of thumb was used to overcome this constraint by evaluating if a particular eigenvalue is distinct from its nearest neighbour and indicating when a sampling error is expected to be significant (North et al. 1982). Rainfall anomalies were projected onto the generated eigenvectors to produce normalised time series, or principal components (PCs), associated with each EOF mode. 191 192 193 194 195 196 197 198 199 200 201 202 203

204 To investigate possible associations between the dominant modes of weekly Eastern Africa short rains variability and potential drivers of sub-seasonal rainfall variations, we calculated climate indices frequently used as indicators of MJO, ENSO, and IOD activity. These are the RMM daily index (Wheeler and Hendon 2004), the Niño 3.4 (hereafter referred to as N3.4) index (Trenberth and 205 206 207 208 209 210

Stepaniak 2001) and the Dipole Mode Index (DMI; Saji et al. 1999), respectively.

The European Centre for Medium-Range Weather Forecasts (ECMWF) data store provided the RMM components (i.e., RMM1 and RMM2) calculated as in (Vitart 2017). The RMM components illustrate different phases of the MJO cycle (Wheeler and Hendon 2004), with RMM1 (RMM2) representing MJO convective anomalies over the Maritime Continent and Western Hemisphere (tropical Indian Ocean and western Pacific). These indices are the two leading PCs extracted from an EOF analysis, which combines daily zonal upper- (200 hPa) and lower- (850 hPa) wind and outgoing long-wave radiation anomalies in the tropics after subtracting the low-frequency variability associated with ENSO (as in Wheeler and Hendon 2004). Weekly RMM components were determined using the same approach applied to obtain weekly rainfall totals. SST anomalies in the N3.4 region (5°S – 5°N , 120° – 170°W) were averaged to produce the N3.4 index, whereas the DMI index was determined by the difference between SST anomalies in the western (10°S – 10°N , 50° – 70°E) and eastern (10°S – 0° , 90° – 110°E) tropical Indian Ocean. SST data were sourced from the daily optimum interpolation SST version 2 of the National Oceanic and Atmospheric Administration (NOAA; Reynolds et al. 2007). The same technique applied to find weekly rainfall anomalies was employed to obtain weekly SST anomalies, which were used to calculate N3.4 and DMI indices. The respective standard deviations were utilised to normalise weekly SST anomaly indices. Additionally, considering that ENSO and IOD may have strong associations during the boreal autumn (Nicholson 2015; Zhang et al. 2015), we removed from N3.4 and DMI indices their variability associated with DMI and N3.4 indices (hereafter referred to as N3.4* and DMI* indices), respectively. This was performed by first computing a simple linear regression (Allen 1997) between the response and explanatory variables, then subtracting the corresponding co-variability from N3.4 and DMI indices.

Pearson's correlation (Wilks 2006) was computed to indicate linear associations between the leading TAM-SAT PCs and drivers' indices, in addition to showing the strength of the linear relationship between the PCs derived from observational datasets. The magnitude of the correlation was determined by its absolute value (or modulus). Therefore, the higher the absolute correlation, the stronger the association. A two-sided Student's t-test with a 95% significance level was used to examine the statistical robustness of correlations distinct from zero (Wilks 2006). Based on lag-1 autocorrelation, the effective sample size was estimated as in Livezey and Chen (1983).

2.2 Hindcast assessment

The ability of dynamical models to capture and predict the leading modes of sub-seasonal Eastern Africa short rains variability was evaluated using hindcasts from ECMWF, the National Centers for Environmental Prediction (NCEP), and the UK Met Office (UKMO) models. Using these models allows us, in particular, to expand the hindcast assessment conducted by de Andrade et al. (2021), contributing to enhancing the knowledge of sub-seasonal rainfall forecast quality in Eastern Africa. Rainfall hindcasts were obtained from two sub-seasonal forecasting databases: the Subseasonal to Seasonal (S2S) prediction project (Vitart et al. 2017) for ECMWF and UKMO models, and the Subseasonal Experiment (SubX; Pegion et al. 2019) for the NCEP model. The SubX database was used for NCEP to allow a longer time frame (i.e., 1999–2016) than what is provided in the S2S database (i.e., 1999–2010). ECMWF and UKMO hindcasts were sourced at the regular $1.5^{\circ} \times 1.5^{\circ}$ spatial resolution, whereas the NCEP grid was reduced from $1^{\circ} \times 1^{\circ}$ to $1.5^{\circ} \times 1.5^{\circ}$ using bi-linear interpolation. As in de Andrade et al. (2021), four start dates per month, based on weekly UKMO initialisations, were evaluated for each model, accounting for the closest start dates for some non-matching ECMWF initialisations. Moreover, three perturbed members, drawn from 1-day lag after initialisations, were added to the NCEP ensemble size to achieve an accurate intercomparison between models while considering the same ensemble size (i.e., at least 7 ensemble members). The amount of weekly rainfall was defined by averaging the following daily forecast lead times falling within the short rains season: days 5–11 (Week 1), 12–18 (Week 2), 19–25 (Week 3), and 26–32 (Week 4). This implied that a few initialisations in September and December were respectively included and removed when evaluating targets at Weeks 2–4 leads. The ensemble mean climatology, calculated considering a leave-one-out cross-validation approach (Wilks 2006), was subtracted from the ensemble mean totals to obtain the corresponding anomalies over the 1999–2016 period. The procedure was carried out depending on the start date and lead time. An equivalent method was used to determine observed rainfall anomalies in Weeks 1–4.

The leading PCs of modelled rainfall variability at Weeks 1–4 were calculated by projecting land-only model anomalies onto the observed rainfall eigenvectors determined in Section. 2.1 By regressing the derived PCs and model anomalies, it yielded the corresponding modelled regressed spatial modes (RSMs). Observed PCs and associated RSMs at Weeks 1–4 were obtained considering the same approach used to identify the dominant rainfall modes within models. To extract modelled and observed spatiotemporal modes

316 for each lead time, we utilised samples with 180 (i.e., 10
317 start dates over 18 years) weekly hindcast and observation
318 anomalies, respectively.

319 The ability of the model to capture the RSMs was evalu-
320 ated by computing spatial correlation (i.e., Pearson's correla-
321 tion was examined in two spatial dimensions considering an
322 area-average weighted with latitude) and the region-averaged
323 absolute difference (or modulus of the difference) between
324 modelled and observed RSMs. Additionally, the ability of
325 the model to predict the PCs was assessed by computing
326 Pearson's correlation and root mean squared error (RMSE;
327 Wilks 2006) between modelled and observed PCs. Correla-
328 tions were computed to assess model phase errors, with
329 values equal to one indicating the strongest linear associa-
330 tions between observations and model data. On the other
331 hand, model amplitude errors were assessed using RMSE
332 and absolute difference, with values equal to zero indicat-
333 ing the best model accuracy. The statistical significance of
334 the correlations was examined as described in Section 2.1.

335 2.3 Drivers of model skill

336 The contribution of climate drivers in modulating the
337 ECMWF model skill at predicting the main modes of weekly
338 Eastern Africa short rains variability was investigated
339 employing a similar methodology as the one described in
340 de Andrade et al. (2021). The method assesses the ECMWF
341 model skill after replacing the modelled driver-related
342 rainfall variability with the corresponding observed driver-
343 related response in the hindcasts. Observed and modelled
344 driver-related rainfall variabilities are derived from the cor-
345 responding linear regression between rainfall anomalies and
346 climate indices representing MJO, ENSO, and IOD varia-
347 tions. Here, RMM, N3.4, and DMI indices were respectively
348 used to characterise MJO, ENSO, and IOD activity as in de
349 Andrade et al. (2021). Daily RMM components for each
350 model ensemble member were sourced from the ECMWF
351 data store, allowing the computation of the 7-member
352 ensemble mean for RMM1 and RMM2 indices at Weeks
353 1–4. Furthermore, daily SST hindcasts from the S2S data-
354 base were used to obtain the 7-member ensemble mean of
355 weekly SST anomalies, following the procedures adopted to
356 obtain weekly rainfall anomalies in Section 2.2. ENSO and
357 IOD indices at Weeks 1–4 were computed as in Sect. 2.1,
358 with their co-variability also removed from modelled N3.4
359 and DMI for producing modelled N3.4* and DMI* indices.
360 Both indices were normalised by the corresponding stand-
361 ard deviation depending on the initialisation and lead time.
362 Suitable datasets specified in Sect. 2.1 were used to produce
363 the observed RMM1, RMM2, N3.4*, and DMI* indices in
364 Weeks 1–4.

365 Next, we performed a simple linear regression analysis
366 between weekly rainfall anomalies and MJO, ENSO, and

IOD indices. We subtracted from both observed and mod-
elled rainfall anomalies the corresponding variations in rain-
fall that were linearly associated with each driver. Rainfall
anomalies without the presence of drivers' signals were used
to calculate observed and modelled PCs at Weeks 1–4 as in
Section 2.2. After removing driver-related rainfall variability
from modelled rainfall anomalies, the impact on the model
skill was also investigated by adding observed regression
patterns to hindcasts, producing a new set of model rain-
fall anomalies utilised to obtain corrected PCs. The model
skill was evaluated by measuring the percentage change in
Pearson's correlation between the resulting observed and
modelled PCs according to (1):

$$((\hat{R} - R)/R) * 100 \quad (1)$$

Where R is the correlation computed without modifying any
driver-related signals in rainfall anomalies, and \hat{R} is the cor-
relation after removing or adding particular driver-related
signals in rainfall anomalies. Positive (Negative) values of
(1) denote strengthening (weakening) in the association
between observed and modelled PCs, indicating, therefore,
improvements (degradations) in the model skill.

3 Results

The results are organised into three sections, which system-
atically respond to the questions presented in Section 1. The
first Section (3.1) identifies and compares the leading modes
of sub-seasonal Eastern Africa short rains variability from
distinct observational datasets, and shows how these modes
relate to specific climate drivers. The second Section (3.2)
presents a hindcast evaluation for investigating the ability of
the model to capture and predict the leading rainfall modes
at forecast horizons from one to four weeks into the future.
The third Section (3.3) furthers this evaluation to consider
how the model quality is related to the potential sources of
sub-seasonal climate variability.

3.1 The leading EOF modes and their associations with climate drivers

Figure 2 shows weekly TAMSAT rainfall climatology, the
standard deviation of associated anomalies, and the corre-
sponding EOF analysis for Eastern Africa rainfall anomalies
during the short rains season from October to December.
The highest climatological rainfall totals are located over
elevated topography in the western sector of Eastern Africa,
covering parts of Burundi, Rwanda, South Sudan, Tanzania,
Uganda, and the central-eastern Democratic Republic of the
Congo (DRC; Figs. 1, 2a). In contrast, the highest rainfall
variability appears in the southeastern sector of Eastern

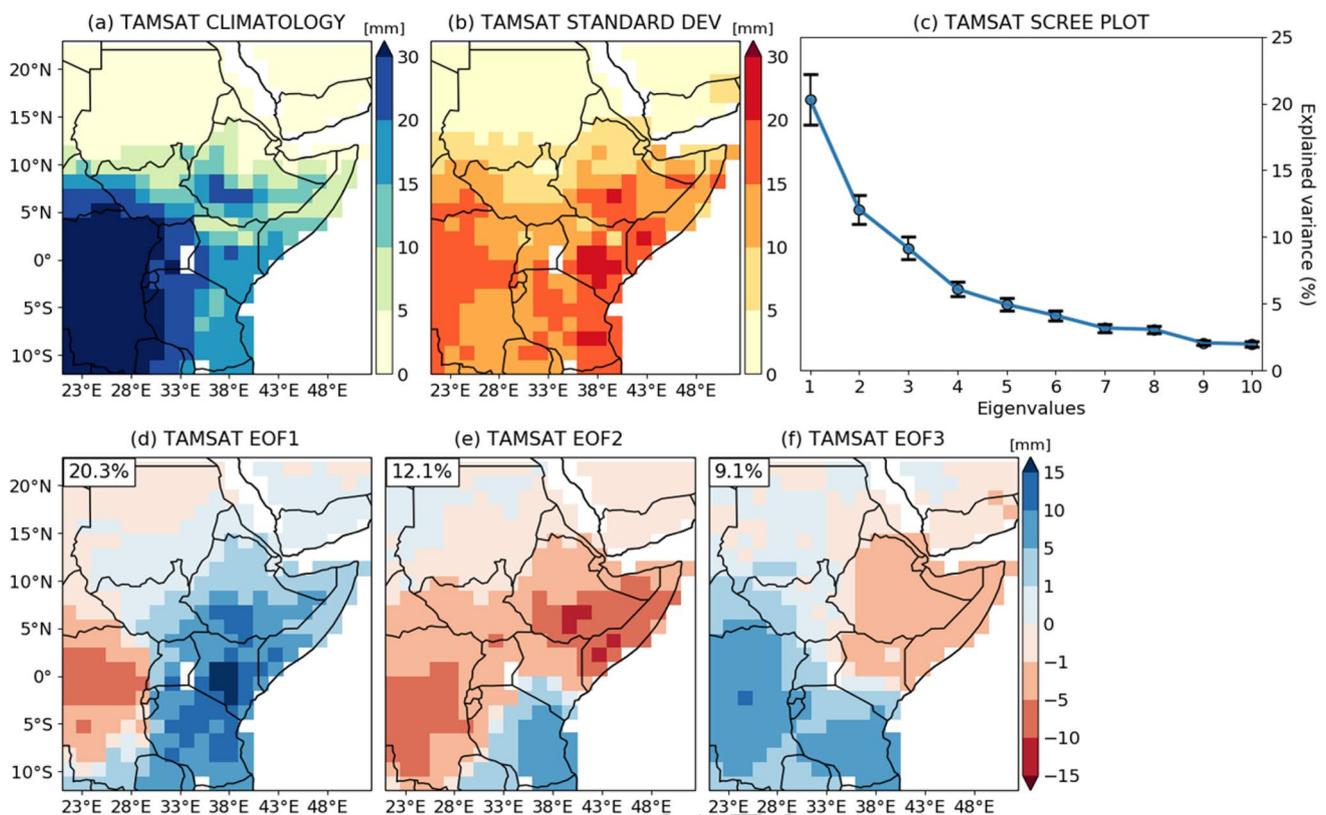


Fig. 2 Weekly TAMSAT accumulated rainfall (a) climatology and (b) standard deviation for Eastern Africa short rains season (OND). (c) Scree plot showing the corresponding explained variance in percentage (%) for the first ten eigenvalues of the EOF analysis from weekly TAMSAT rainfall anomalies. Sample errors are indicated by the error

bars in (c) according to the North's rule of thumb. The first three spatial EOF modes (or eigenvectors) for weekly TAMSAT rainfall accumulation anomalies are respectively displayed in (d), (e), and (f), with their explained variance in percentage (%) shown in the top-left corner. Rainfall accumulations are in millimetres (mm)

414 Africa, including the highlands of Ethiopia and Kenya, as
 415 well as coastal regions in Somalia and Tanzania (Figs. 1,
 416 2b). The first three EOF modes for TAMSAT show spatial
 417 structures that influence varying rainfall levels in most
 418 Eastern Africa countries and, when combined, account for
 419 41.5% of the total variance (Figs. 2d, e, f). According to the
 420 criteria of North et al. (1982), these dominant modes are
 421 distinguished from each other and well separated from the
 422 degenerate set of higher EOFs (Fig. 2c).

423 The first leading mode (EOF1) is characterised by a mon-
 424 opole-like rainfall pattern with the largest positive rainfall
 425 anomalies affecting southern Ethiopia, Kenya, and north-
 426 ern Tanzania (Fig. 2d). The second (EOF2) and the third
 427 (EOF3) modes show a dipole-like rainfall pattern with posi-
 428 tive anomalies in Tanzania and negative anomalies in the
 429 northeastern portion of Eastern Africa, which covers Dji-
 430 bouti, Eritrea, Ethiopia, and Somalia (Figs. 2e, f). EOF2 and
 431 EOF3 have similar spatial characteristics in the eastern part
 432 of the domain and coastal regions, whereas opposite signals
 433 are seen further inland (Figs. 2e, f). Although using other
 434 datasets, periods, and domains, the EOF modes found here
 435 generally correspond well with the main modes of seasonal

436 and pentad Eastern Africa rainfall variability identified in
 437 previous studies (Schreck and Semazzi 2004; Bowden and
 438 Semazzi 2007; Wenhaji Ndomeni et al. 2018; Kolstad and
 439 MacLeod 2022).

440 To investigate sources of sub-seasonal Eastern Africa
 441 short rains variability, Fig. 3 presents the correlations
 442 between potential climate drivers' indices and the first three
 443 TAMSAT PCs. RMM1 exhibits strong significant connec-
 444 tions with PC2 and PC3, whereas.

445 RMM2 shows high significant co-variability linked to
 446 PC1 (Fig. 3a). Despite N3.4 and DMI showing significant
 447 correlations with PC1, as also found in previous studies
 448 (Schreck and Semazzi 2004; Bowden and Semazzi 2007;
 449 Kolstad and MacLeod 2022), it is worth pointing out that
 450 for N3.4, removing the signal associated with DMI makes
 451 the association insignificant (compare the correlations
 452 when considering the ENSO index as N3.4 (darkest blue
 453 bar) and N3.4* (lightest blue bar) in Fig. 3a), whereas
 454 removing the N3.4 signal from DMI does weaken the
 455 correlation with PC1 but it is still significant (compare
 456 the correlations when considering the DMI index as DMI
 457 (darkest red bar) and DMI* (lightest red bar) in Fig. 3a).

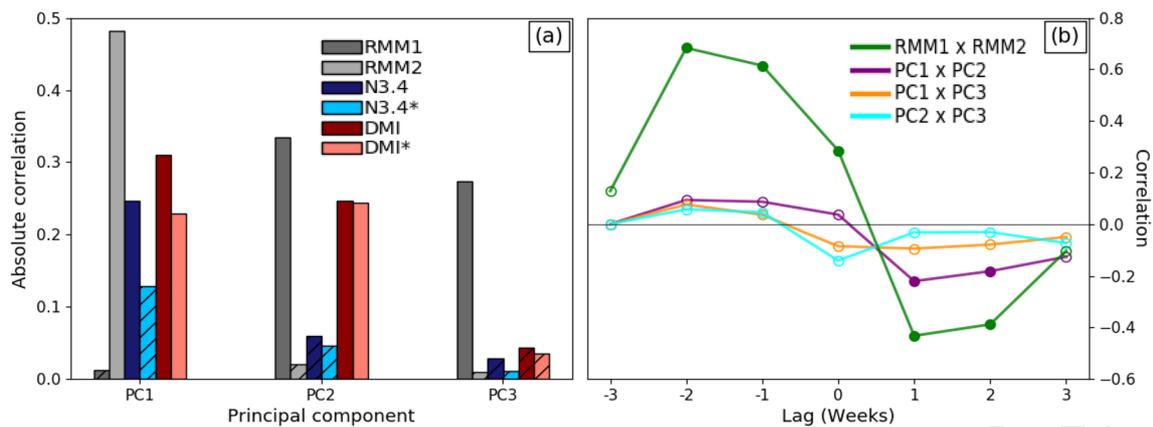


Fig. 3 (a) Absolute Pearson's correlation between weekly TAMSAT PC1 to PC3 and observed weekly drivers' indices represented by RMM1, RMM2, N3.4, and DMI. N3.4* (DMI*) indicates that the DMI (N3.4) signal has been removed from the N3.4 (DMI) index. (b) Lagged correlations between RMM1 and RMM2, as well as between

the leading TAMSAT PCs. A positive (negative) lag indicates RMM1 leads (lags) RMM2, for instance. Hatching over the bars in (a) and open circle markers in (b) denote correlation coefficients that are not statistically significant at the 95% confidence level according to a two-tailed Student's *t*-test

458 For PC2, the correlations indicate that the MJO and IOD
459 have significant associations with the dipole-like rainfall
460 variability in the region. In contrast, there are no sig-
461 nificant associations between ENSO and PC2 (Fig. 3a).
462 Unlike PC1 and PC2, PC3 does not significantly correlate
463 with SST indices, which mainly emphasises its relation-
464 ship with the MJO (Fig. 3a).

465 The climate drivers' associations with TAMSAT PC1
466 and PC2 (Fig. 3a), along with the corresponding TAMSAT
467 spatial modes shown in Fig. 2, generally are consistent with
468 the regression patterns that de Andrade et al. (2021) found
469 when relating similar drivers' indices to weekly GPCP
470 rainfall anomalies. That is, EOF1 (Fig. 2d) compares quite
471 strongly to the September–October–November RMM2- and
472 DMI-related rainfall patterns shown in de Andrade et al.
473 (2021) (see SON in their Fig. 9), whereas EOF2 (Fig. 2e)
474 reasonably matches with the corresponding SON RMM1-
475 related rainfall pattern. Moreover, December–January–Feb-
476 ruary N3.4- and RMM1-related rainfall patterns shown in de
477 Andrade et al. (2021) (see DJF in their Fig. 9) also indicate
478 consistent signals with TAMSAT EOF1 (Fig. 2d) and EOF2
479 (Fig. 2e), respectively. All these characteristics corroborate
480 with GPCP EOF1 and EOF2, as shown later in Fig. 5.

481 To specifically deepen understanding of the MJO-related
482 Eastern Africa rainfall variability, Fig. 3b shows the lagged
483 correlation between RMM components, as well as between
484 TAMSAT PC1, PC2, and PC3. Significant correlations for
485 PC1 and PC2 are identified at 1–2-week lags, showing that
486 PC1 generally leads PC2 by a few weeks (Fig. 3b; purple
487 line). This agrees with the MJO cycle, which also indicates
488 that RMM1 and RMM2 occur sequentially with significant
489 correlations at 1–2-week lags (Fig. 3b; green line). How-
490 ever, the correlations between PC1 and PC3 or PC2 and

PC3 are not significant across all lags (Fig. 3b; orange and
blue lines).

The results discussed so far have been carried out using
TAMSAT data. To examine the sensitivity of weekly rainfall
to the choice of the observational dataset, Fig. 4 displays the
climatology and standard deviation for CHIRPS (Figs. 4a,
d), GPCP (Figs. 4b, e), and TRMM (Figs. 4c, f) data during
OND.

All datasets show the highest climatological rainfall
totals in the western sector of the domain (Figs. 4a, b, c)
and the highest rainfall deviations in the southeastern sector
of Eastern Africa (Figs. 4d, e, f), overall corroborating with
TAMSAT data (Figs. 2a, b). Nevertheless, higher (lower) cli-
matological rainfall totals are seen over Kenya for CHIRPS
and TRMM (GPCP) data (compare Fig. 2a with Figs. 4a,
c (Fig. 4b)), whereas higher (lower) rainfall variations are
found further inland for GPCP and TRMM (CHIRPS) data
(compare Fig. 2b with Figs. 4e, f (Fig. 4d)). Despite these
minor differences in the rainfall data, there is considerable
agreement in the weekly evolution of the region-averaged
rainfall anomalies throughout the short rains when compar-
ing all datasets (Online Resource 1—Fig. 1). These find-
ings, therefore, contribute to increasing the reliability of the
observed rainfall variability in the region and its related EOF
analysis, as shown below.

Figure 5 displays the first three spatial EOF modes and
scree plots for CHIRPS, GPCP, and TRMM rainfall anomalies.
The combined explained variance of EOF1, EOF2,
and EOF3 is 42.1% for CHIRPS (Figs. 5a, b, c), 45.4% for
GPCP (Figs. 5e, f, g), and 34.4% for TRMM (Figs. 5i, j, k).
Thus, the sum of the explained variance of TRMM is lower
than that of CHIRPS or GPCP when compared to TAMSAT
(41.5%; Figs. 2d, e, f).

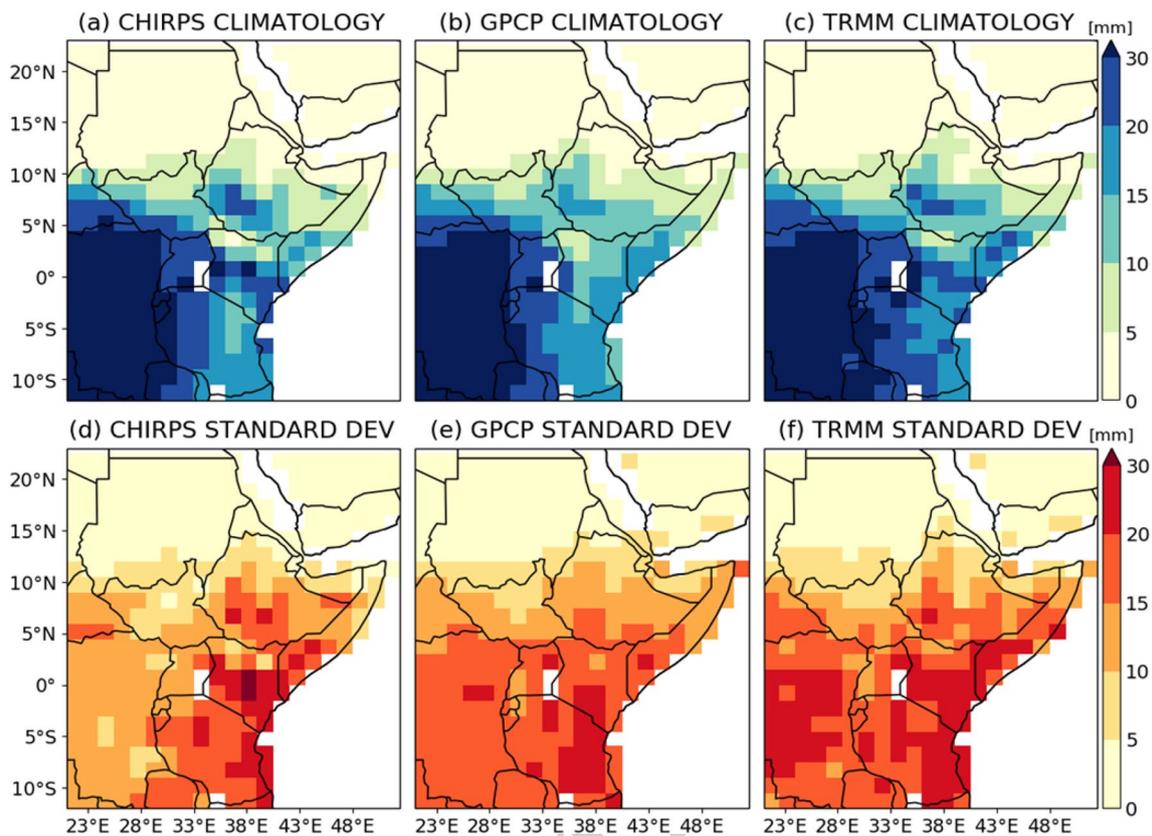


Fig. 4 Weekly accumulated rainfall (upper panel) climatology and (lower panel) standard deviation for (a, d) CHIRPS, (b, e) GPCP, and (c, f) TRMM datasets during the Eastern Africa short rains season (OND). Rainfall accumulations are in millimetres (mm)

524 The spatial patterns associated with EOF1 and EOF2
 525 from the additional datasets (CHIRPS, GPCP, and TRMM)
 526 are similar to the ones found for TAMSAT, i.e., a monopole-
 527 like rainfall pattern for EOF1 (compare Fig. 2d with Figs. 5a,
 528 e, i) and a dipole-like rainfall pattern for EOF2 (compare
 529 Fig. 2e with Figs. 5b, f, j). For EOF3, however, there are
 530 discrepancies when comparing its spatial pattern among the
 531 datasets. While GPCP shows positive rainfall anomalies in
 532 Tanzania and negative rainfall anomalies in the northeast-
 533 ern sector of Eastern Africa in agreement with TAMSAT
 534 (compare Fig. 2f with Fig. 5g), CHIRPS and TRMM exhibit
 535 rainfall patterns that differ from TAMSAT (compare Fig. 2f
 536 with Figs. 5c, k). The uncertainty in representing EOF3 in
 537 the observations is also seen through the scree plots, show-
 538 ing distinct sample errors and how separated this mode is
 539 from EOF2 and higher EOF modes, depending on the data-
 540 set (Figs. 5d, h, l).

541 To further assess the representation of the leading EOF
 542 modes within CHIRPS, GPCP, and TRMM datasets, Fig. 6
 543 shows the association between the first three TAMSAT
 544 PCs and the first ten PCs (PC1 to PC10) derived from the
 545 EOF analysis using CHIRPS, GPCP, and TRMM rainfall
 546 anomalies. The highest correlation coefficients indicate that

547 TAMSAT PC1 and PC2 are adequately represented across all
 548 datasets, particularly in CHIRPS data (Figs. 6a, b). However,
 549 Fig. 6c shows there is some sensitivity to the selection of the
 550 reference data when performing an EOF analysis of weekly
 551 rainfall anomalies for Eastern Africa short rains, specifically
 552 that TAMSAT PC3 properties are not well represented by
 553 other datasets, notably CHIRPS and TRMM as also seen
 554 in the spatial patterns (compare Fig. 2f with Figs. 5c, k). In
 555 fact, CHIRPS can reasonably represent the temporal vari-
 556 ability associated with EOF3, though it is captured by the
 557 fourth EOF mode (Fig. 6c).

558 The following two sections only address a model evaluation
 559 for the first two EOF modes (EOF1 and EOF2) owing to
 560 the inconsistency in representing EOF3 across the datasets
 561 (Figs. 2, 5, 6). Moreover, the results for the TAMSAT dataset
 562 are exclusively used when assessing model hindcasts, as the
 563 sensitivity to the reference data selection is minimal for the
 564 two leading rainfall modes (Figs. 2, 5, 6).

3.2 Model evaluation

565 Figures 7 and 8 show the model capability to capture the
 566 first (RSM1) and the second (RSM2) RSMs at lead times
 567

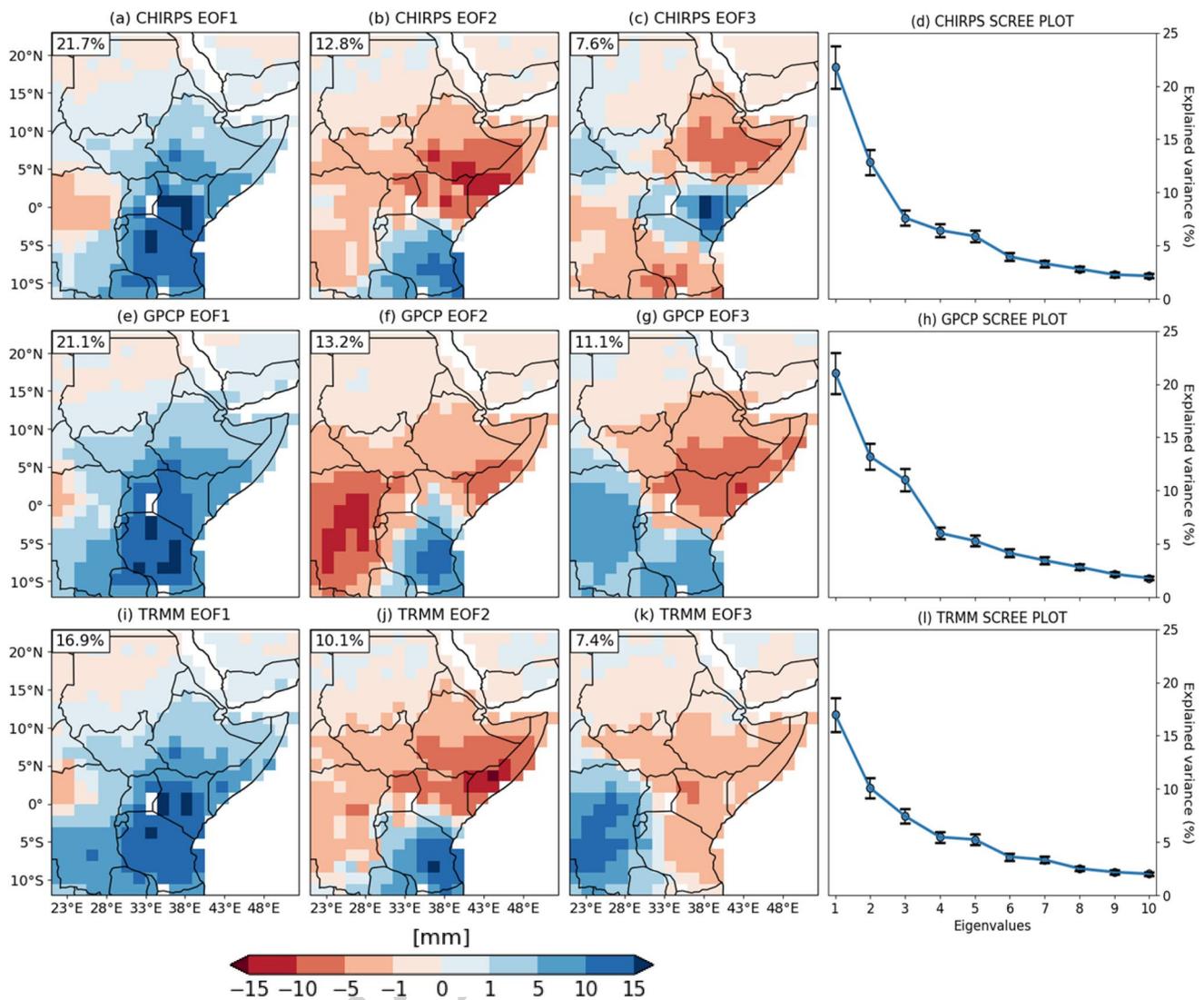


Fig. 5 The first three spatial EOF modes (or eigenvectors) for weekly (a–c) CHIRPS, (e–g) GPCP, and (i–k) TRMM rainfall accumulation anomalies during OND, with their explained variance in percentage (%) shown in the top-left corner. Scree plot showing the corresponding explained variance in percentage (%) for the first ten

eigenvalues of the EOF analysis from weekly (d) CHIRPS, (h) GPCP, and (l) TRMM rainfall anomalies. Sample errors are indicated by the error bars in (d, h, l) according to the North's rule of thumb. Rainfall accumulations are in millimetres (mm)

568 of one to four weeks ahead, respectively. Even though the
 569 amplitude of anomalies reduces with increasing lead time,
 570 all models can satisfactorily represent essential characteris-
 571 tics of the leading RSMs, that is, the monopole-like rainfall
 572 pattern for RSM1 (Fig. 7) and the dipole-like rainfall pattern
 573 for RSM2 (Fig. 8), in agreement with the observations (con-
 574 tours in Figs. 7, 8). The ability of the NCEP model to capture
 575 RSM1 and RSM2 is lower than in other models, as indicated
 576 by the largest region-averaged amplitude differences and the
 577 weakest spatial correlation coefficients computed between
 578 modelled and observed RSMs. Less accurate outcomes in
 579 the NCEP model are, in particular, associated with errors in
 580 representing the location of the rainfall anomaly. For RSM1,

581 this is seen through the largest positive anomalies displaced
 582 to the west of Tanzania (Figs. 7e, f, g, h) compared to the
 583 ECMWF (Figs. 7a, b, c, d) and UKMO (Figs. 7i, j, k, l) mod-
 584 els. ECMWF and UKMO models place such variations in
 585 rainfall over the entire southeastern sector of Eastern Africa,
 586 as also seen in the observations. For RSM2, the discrepancy
 587 is found in the largest negative anomalies (Figs. 8e, f, g, h),
 588 which appear further to the west of the domain compared to
 589 the other models and observations (Figs. 8a, b, c, d, i, j, k, l).

590 Shortcomings in capturing the leading RSMs are likely
 591 related to the model capability of representing its climatol-
 592 ogy and variance (Online Resource 1—Figs. 2, 3). Although
 593 all models predict the highest climatological rainfall totals in

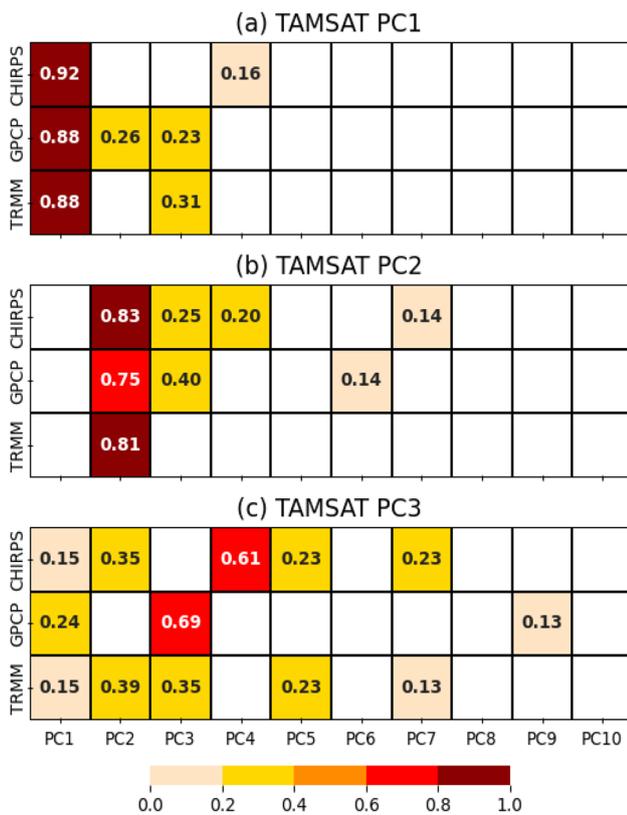


Fig. 6 Absolute Pearson's correlation for TAMSAT (a) PC1, (b) PC2, and (c) PC3 against the first ten PCs (PC1 to PC10) from CHIRPS, GPCP, and TRMM datasets. Shaded boxes with numbers indicate statistically significant values at the 95% confidence level according to a two-tailed Student's t-test

594 the western portion of the domain, the mean state response
 595 for ECMWF and UKMO (NCEP) is stronger (weaker) than
 596 TAMSAT over most of the southern and southeastern sectors
 597 of Eastern Africa (compare Fig. 2a with Online Resource
 598 1—Fig. 2). Additionally, all models show a reduction in
 599 rainfall variability with increasing lead time, as well as dis-
 600 crepancies at predicting the location of rainfall anomalies,
 601 particularly in the NCEP model, which shows higher devia-
 602 tions near DRC compared to TAMSAT (compare Fig. 2b
 603 with Online Resource 1—Fig. 3).

604 The model skill at predicting the leading PCs (PC1 and
 605 PC2) in Weeks 1–4 is evaluated in Fig. 9. For both PCs, the
 606 skill reduces with increasing lead time, with, in particular,
 607 Week 1 showing the highest associations (Fig. 9a) and low-
 608 est amplitude errors (Fig. 9b) for all models PC1. UKMO
 609 and ECMWF PC1 have the highest skill at all leads, with
 610 UKMO having a marginally higher skill than ECMWF. The
 611 results for PC1 overall corroborate the correlation assess-
 612 ments performed by de Andrade et al. (2021) for weekly
 613 Eastern Africa rainfall anomalies initialised in September–
 614 October–November. All models exhibit higher skill at
 615 predicting PC1 compared with PC2. Notably, the skill for

NCEP PC1 remains just slightly higher than for ECMWF
 or UKMO PC2 in Weeks 3–4, and even comparable to these
 models PC2 in Week 2. The lowest skill is seen for NCEP
 PC2 at most leads, showing, for instance, a non-significant
 correlation with a value below 0.2 at Week 4 (Fig. 9a).

4 Sources of predictability

To investigate where the skill found in the previous section
 comes from, Figs. 10 and 11 show respectively the percent-
 age change in the correlations for ECMWF PC1 and PC2
 against the corresponding observed PCs considering two
 conditions: i) when the co-variability between modelled
 rainfall anomalies and specific climate drivers' indices is
 subtracted from the model (Figs. 10a, 11a) and (ii) when the
 corresponding observed co-variability is added to the model
 (Figs. 10b, 11b) after removing its modelled co-variability
 as in (i). According to Eq. (1), both conditions (i) and (ii)
 are relative to reference values obtained when no modifica-
 tion is considered in the model rainfall anomalies before com-
 puting the PCs. Since ECMWF and UKMO had comparative
 skill in Fig. 9, with skill significantly higher than NCEP, the
 former is used here to compare the results with those found
 in de Andrade et al. (2021).

The driver-rainfall co-variability subtracted from mod-
 elled rainfall anomalies modulates the skill at predicting PC1
 (Fig. 10a) and PC2 (Fig. 11a) throughout the lead times.
 When examining the removal of a single driver's signal
 rather than a combination of two or more of these drivers'
 signals in the model, the skill degradation (i.e., negative per-
 centage change) for PC1 is mainly seen after removing the
 RMM2 signal from hindcasts (Fig. 10a). This shows a cor-
 relation reduction varying from 9.3% in Week 1 to 53.8% in
 Week 4 relative to reference values (i.e., CORR in Fig. 10a).
 Removing N3.4* and DMI* signals from hindcasts also
 affects the PC1 skill. Nevertheless, the rate of skill degra-
 dation over the weeks is no higher than 11.6% for N3.4*
 and 15.2% for DMI* about reference values (Fig. 10a). For
 PC2 (Fig. 11a), the highest skill degradations occur when
 removing RMM1- and DMI*-related rainfall anomalies
 from hindcasts, with skill reducing over the weeks up to
 31.5% and 36.2%, respectively, comparing to reference val-
 ues (i.e., CORR in Fig. 11a). When all drivers' signals are
 eliminated from the model, the overall skill drop estimated
 is substantially explained by skill degradation associated
 with the removal of the MJO signal from hindcasts (com-
 pare RMM2 and RMM1 with ALL in Figs. 10a and 11a,
 respectively), which is more pronounced for PC1 than for
 PC2 (compare RMM2 in Fig. 10a with RMM1 in Fig. 11a).
 These decreases in skill seen when subtracting all drivers'
 signals from hindcasts are also considerably associated with
 removing the DMI* signal in the model, particularly for PC2

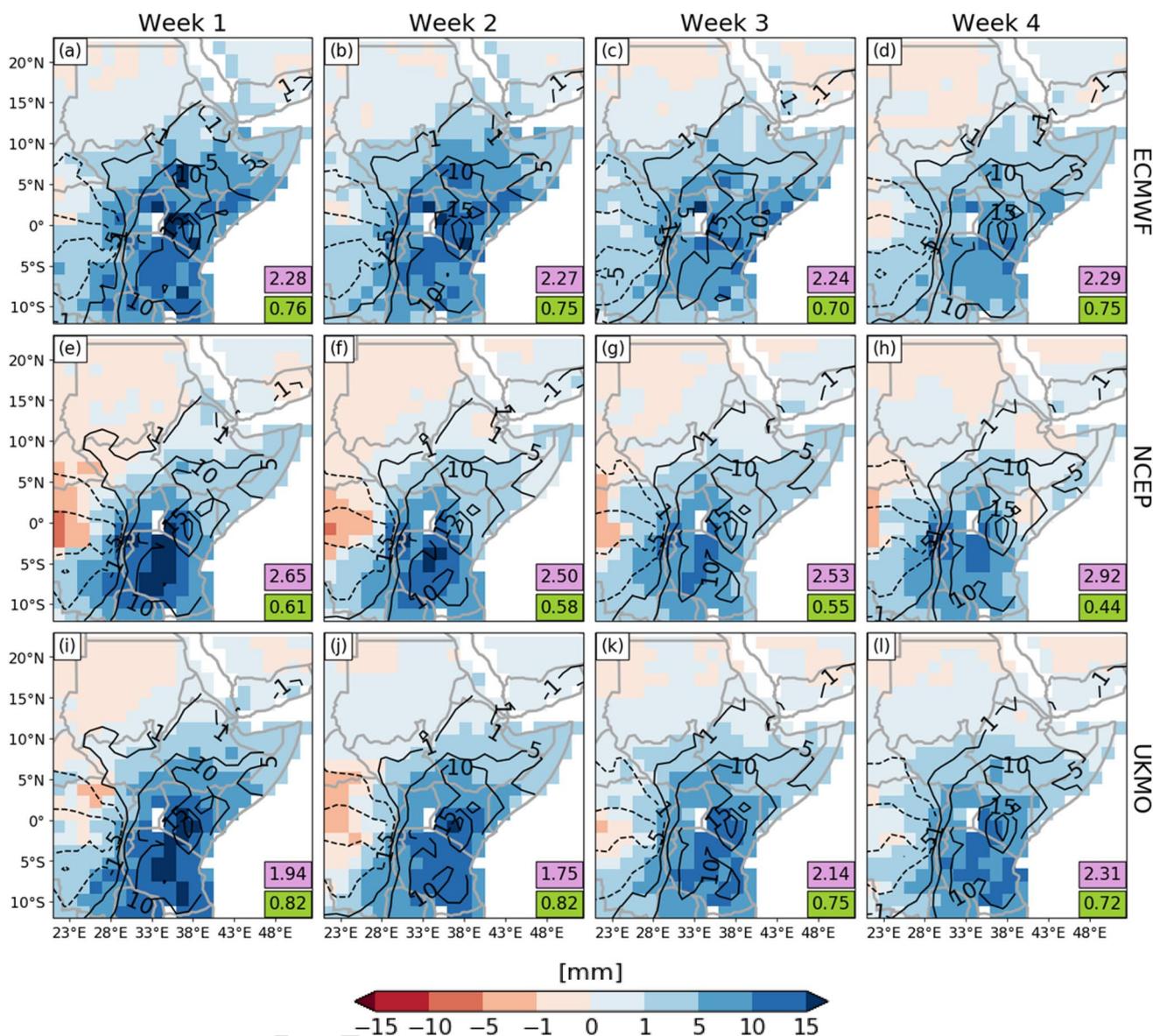


Fig. 7 First regressed spatial mode (RSM1) at Weeks 1–4 for (a)–(d) ECMWF, (e)–(h) NCEP, and (i)–(l) UKMO models (shaded). The contours denote the corresponding RSM for TAMSAT rainfall anomalies, with solid (dashed) lines for positive (negative) values. The zero line is omitted. Magenta (Green) boxes in the bottom-right corner

indicate the region-averaged absolute difference (statistically significant spatial correlation) between modelled and observed RSMs. Statistically significant spatial correlation at the 95% level confidence level is examined according to a two-tailed Student’s t-test

666 (compare DMI* with ALL in Figs. 10a, 11a). The combined
 667 removal of rainfall variations linked to RMM components
 668 (RMM1 + RMM2) and SST indices (N3.4* + DMI*) further
 669 indicates that degradations in PC1 forecast skill are mainly
 670 related to the RMM2 signal, and are secondarily associ-
 671 ated with N3.4* and DMI* signals (Fig. 10a). For PC2,
 672 however, such a combined removal affecting its prediction
 673 skill is dominated by RMM1 and DMI signals in the model
 674 (Fig. 11a). Thus, these forecast skill results for PC1 and PC2
 675 corroborate the corresponding observed associations shown in
 676 Fig. 3.

677 Skill improvements (i.e., positive percentage changes)
 678 are seen for both PC1 and PC2 predictions after replac-
 679 ing the modelled rainfall response to a single driver
 680 with the corresponding observed response, especially
 681 in Weeks 3–4 (Figs. 10b, 11b). Although PC1 and PC2
 682 skills improve if using corrected DMI*-related rainfall
 683 variability patterns, this approach is not more effective
 684 than simply correcting the model with the observed
 685 MJO-related rainfall variability. Moreover, the effect of
 686 adjusting the rainfall signal associated with N3.4* in the
 687 model is almost zero (Figs. 10b, 11b), indicating that of

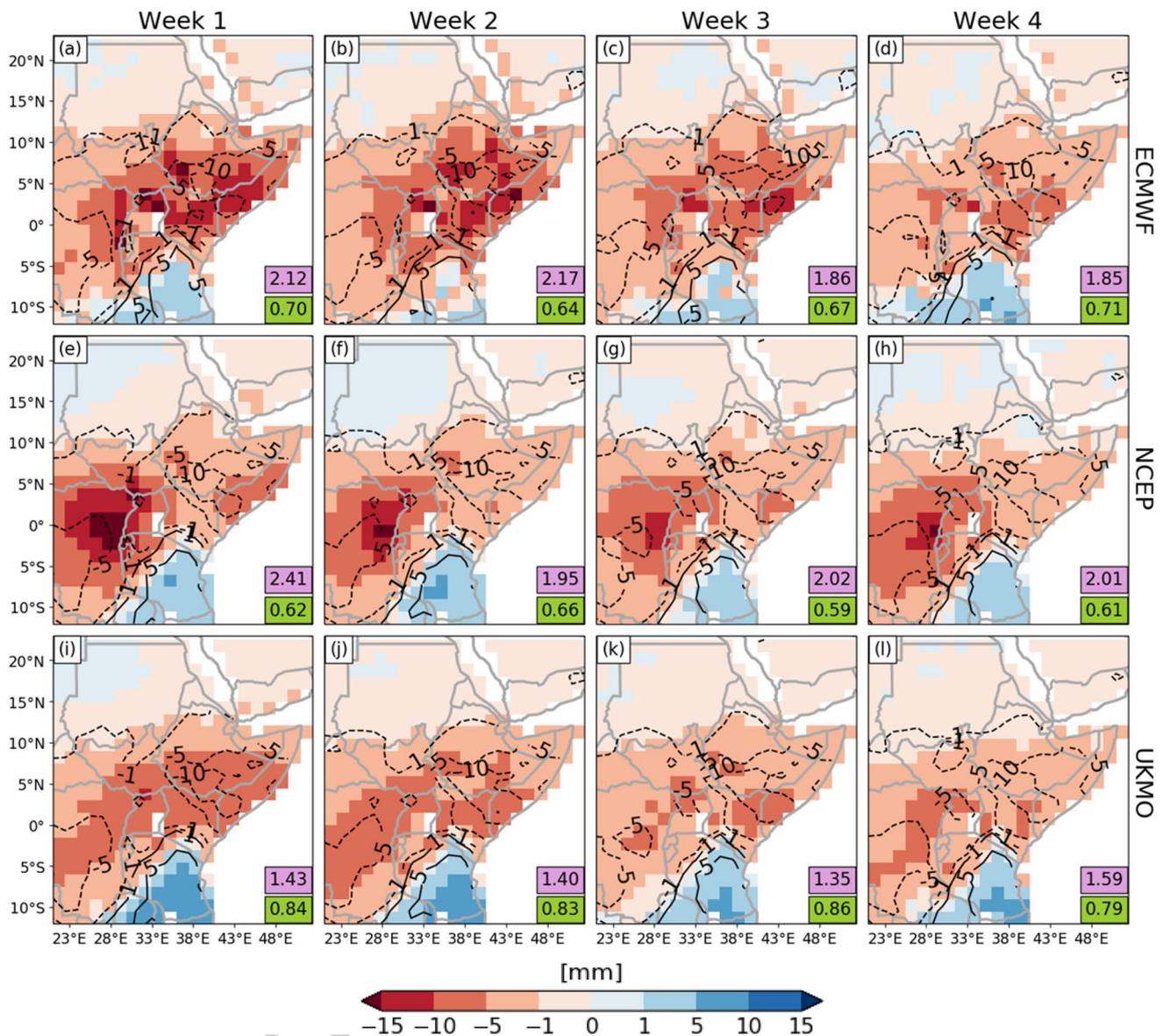


Fig. 8 Second regressed spatial mode (RSM2) at Weeks 1–4 for (a)–(d) ECMWF, (e)–(h) NCEP, and (i)–(l) UKMO models (shaded). The contours denote the corresponding RSM for TAMSAT rainfall anomalies, with solid (dashed) lines for positive (negative) values. The zero line is omitted. Magenta (Green) boxes in the bottom-right corner

indicate the region-averaged absolute difference (statistically significant spatial correlation) between modelled and observed RSMs. Statistically significant spatial correlation at the 95% level confidence level is examined according to a two-tailed Student's t-test

688 the predictability drivers investigated here, ENSO contributes the least to varying PCs forecast skill. PC1 skill
 689 improvements are more sensitive to RMM2 variations than to anomalies in other drivers (Fig. 10b), whereas the
 690 most pronounced PC2 skill responses are linked to RMM1 variations (Fig. 11b). These findings are supported, for
 691 example, by the largest positive percentage changes for PC1 and PC2 in Week 4, with correlation coefficients
 692 exceeding, respectively, 50% (RMM2 in Fig. 10b) and 70% (RMM1 in Fig. 11b) relative to reference values (i.e.,
 693 CORR in Figs. 10b, 11b). For PC2 rather than PC1, skill
 694
 695
 696
 697
 698

improvements associated with MJO are more pronounced (compare RMM1 in Fig. 11b with RMM2 in Fig. 10b),
 and account for a considerable portion of the enhanced overall level of skill after including all observed drivers'
 signals in the model (compare RMM1 and RMM2 with ALL in Figs. 11b and 10b, respectively).

The results presented in this section overall corroborate the ones found by de Andrade et al. (2021), highlighting, in particular, the potential contribution of improved

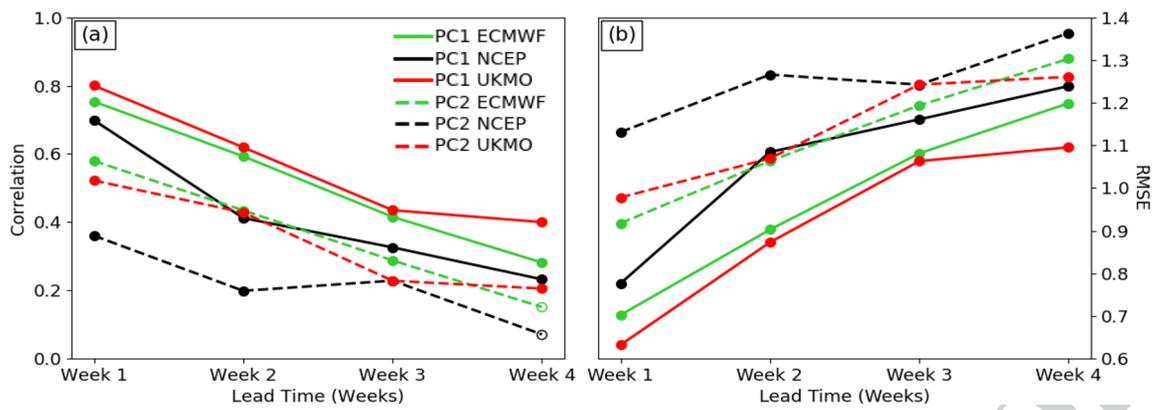


Fig. 9 (a) Correlation and (b) RMSE for the first two observed (TAMSAT) and modelled (ECMWF, NCEP, and UKMO) PCs (PC1 and PC2) at Weeks 1–4. Solid (Dashed) lines indicate the skill assess-

ment for PC1 (PC2). The open circle marker in (a) denotes correlation coefficients that are not statistically significant at the 95% confidence level according to a two-tailed Student’s t-test

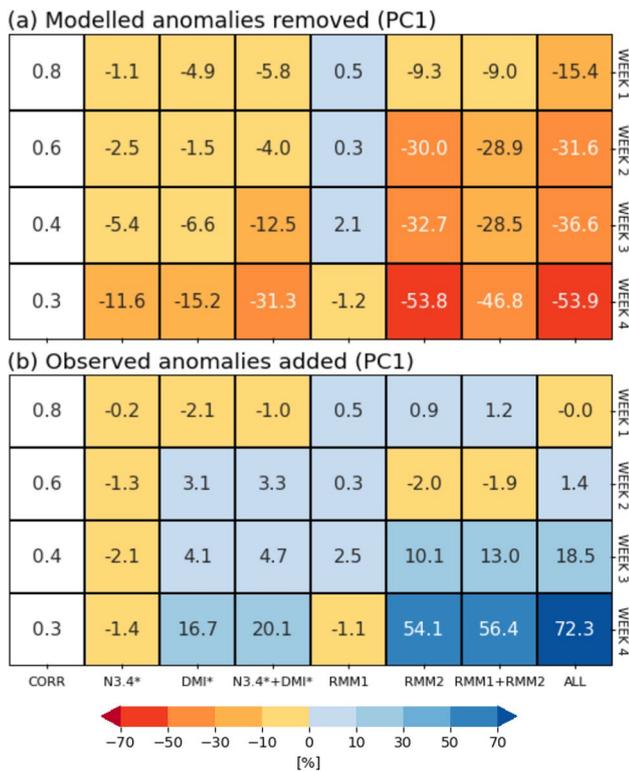


Fig. 10 Percentage change in the correlation between TAMSAT and ECMWF PC1 at Weeks 1–4 computed after (a) removing from and (b) adding to model rainfall anomalies a particular driver-related variability. The co-variability is indicated at the bottom of (b) by the corresponding driver’s index or a combination of two or all (“ALL”) drivers’ indices. The leftmost column shows the correlation computed without modifying any driver-related signal in rainfall anomalies (“CORR”), as in Fig. 9a (solid green line)

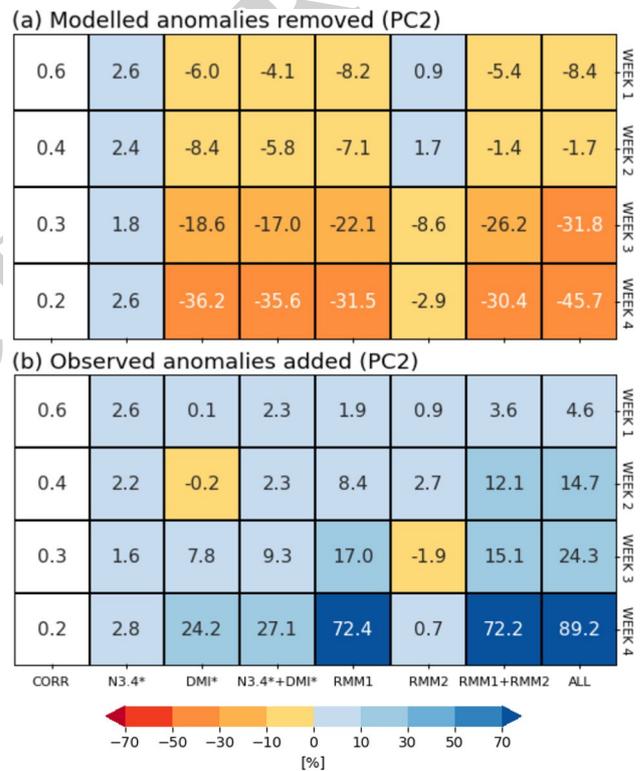


Fig. 11 Percentage change in the correlation between TAMSAT and ECMWF PC2 at Weeks 1–4 computed after (a) removing from and (b) adding to model rainfall anomalies a particular driver-related variability. The co-variability is indicated at the bottom of (b) by the corresponding driver’s index or a combination of two or all (“ALL”) drivers’ indices. The leftmost column shows the correlation computed without modifying any driver-related signal in rainfall anomalies (“CORR”), as in Fig. 9a (dashed green line)

MJO-related rainfall variability (or a bias correction based

on the MJO impacts on model rainfall anomalies) to skill increases in weekly Eastern Africa rainfall predictions within the ECMWF model.

708
709
710

711 5 Summary and conclusions

712 The sub-seasonal variability and prediction skill of short
713 rains in Eastern Africa are assessed using several observa-
714 tional and model datasets. An EOF analysis is performed
715 to identify the leading modes of weekly rainfall variability
716 in Eastern Africa, allowing exploring their associations
717 with specific climate drivers. This study then goes on to
718 investigate the ability of dynamical models to capture and
719 predict the leading rainfall modes, as well as examine
720 potential-related sources of predictability.

721 Irrespective of the observational dataset used (i.e.,
722 TAMSAT, CHIRPS, GPCP, or TRMM), two distinct
723 weekly rainfall modes in the Eastern African short rains
724 from October to December (OND) are identified; these are:
725 i) a monopole-like rainfall pattern with the largest anoma-
726 lies in southern Ethiopia, Kenya, and northern Tanzania;
727 and (ii) a dipole-like rainfall pattern between Tanzania and
728 the northeastern sector of Eastern Africa, mainly impact-
729 ing Ethiopia and Somalia. Our results indicated that the
730 two leading rainfall modes have the strongest correlations
731 with the MJO. Specifically, the first (second) rainfall mode
732 showed the highest correlations with the RMM2 (RMM1)
733 index, which is linked to MJO-related convective anoma-
734 lies in the tropical Indian Ocean and western Pacific (Mar-
735 itime Continent and Western Hemisphere). Moreover, we
736 found that the first and second leading modes are signifi-
737 cantly correlated with the DMI index, with the former also
738 having significant associations with the N3.4 index if the
739 ENSO-IOD co-variability is retained in the index. Despite
740 using distinct datasets, periods, domains, and methods for
741 representing ENSO and IOD activities, our results comple-
742 ment previous work (e.g., Bowden and Semazzi 2007),
743 suggesting that the modulation of the leading weekly rain-
744 fall modes may depend on the MJO variability superim-
745 posed on distinct lower-frequency background conditions,
746 which deserves additional investigation.

747 The ability of ECMWF, NCEP, and UKMO models to
748 capture and predict the two leading rainfall modes at lead
749 times of one to four weeks is also examined. Evaluation
750 of modelled spatiotemporal properties of rainfall modes
751 showed that ECMWF and UKMO are comparable and
752 outperformed NCEP. NCEP exhibited, with respect to
753 observations, a westward shift in the anomalies of both
754 spatial modes, which may explain the model shortcomings
755 in capturing the rainfall associated with those modes. The
756 skill assessments for predicting the corresponding PCs
757 further demonstrated that models' phase and amplitude
758 errors increased from Week 1 to Week 4, with ECMWF
759 and UKMO PC1 having the highest skill at all lead times
760 and PC2 showing lower skill than PC1 for all models.

To improve the understanding of potential sources driv-
ing ECMWF model skill, an examination of specific cli-
mate drivers in modulating the model ability to predict the
leading rainfall modes is further carried out. We showed
evidence that if the modelled MJO-related rainfall variability
is removed from the model, this leads to a degradation in
predicting the leading PCs, with rainfall variations linked
to the RMM2 (RMM1) index contributing the most to the
percentage change in the PC1- (PC2-) related skill. We also
found that removing SST-related rainfall variations in the
model modulates skill reductions in both PCs, with ENSO
and IOD (IOD) impacting the skill at predicting PC1 (PC2).
Skill degradations are mainly compensated after replacing
the modelled MJO-related rainfall variability with observed
MJO-related rainfall variability in the model, leading to the
largest skill improvements in Weeks 3–4. It is worth noting
that the skill for PC1 and PC2 is respectively improved by
up to 18.2% and 16.8% over the weeks when considering the
combination of all corrected driver-related rainfall variabil-
ity relative to considering the most correlated MJO signal
only (i.e., RMM2 for PC1 and RMM1 for PC2). Thus, our
results indicate that correcting SST-related rainfall varia-
tions in the model, especially those associated with IOD,
could have contributed to enhancing the skill in predicting
the leading rainfall modes, though suggesting a secondary
role.

Even though it is still challenging to predict sub-seasonal
variations in Eastern Africa short rains (de Andrade et al.
2021; Kolstad et al. 2021), this study demonstrated, in par-
ticular, that strengthening the model ability to capture MJO-
related rainfall variability has the potential to more accu-
rately predict the main modes of weekly rainfall variability
in the region. These results support the concept of windows
of opportunity (Mariotti et al. 2020) that may help forecast-
ers identify periods when sub-seasonal rainfall prediction
accuracy is at its highest during Eastern Africa short rains.
Additionally, given that the drivers examined interact with
each other (e.g., Hendon et al. 2007; Wilson et al. 2013;
Zhang et al. 2015) and that their combined activity may
impact the rainfall in Eastern Africa during the short rains
(e.g., Vashisht and Zaitchik 2022), future work is recom-
mended to specifically elucidate the multi-way interactions
among ENSO, IOD, and the MJO, as well as the correspond-
ing effects on the sub-seasonal Eastern Africa short rains
prediction skill. However, when examining forecast skill,
the limited length of typical hindcast datasets can limit the
number of samples of each combination of phases of mul-
tiple drivers.

Finally, by projecting sub-seasonal rainfall anomaly fore-
casts onto the two observed leading rainfall modes examined
here, a pair of sub-seasonal rainfall monitoring indices could
be used as a forecasting tool in operational routines across
Eastern Africa. Therefore, in addition to supporting model

814 developers in identifying shortcomings in Eastern Africa
815 rainfall predictions for advancing the sub-seasonal predic-
816 tion systems in the future, our results can further contrib-
817 ute to developing sub-seasonal forecast products that may
818 add valuable climate information for anticipatory planning
819 decisions across several sectors, such as agriculture, food
AQ5 security, and energy.

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830 design, and analysis. Material preparation and data collection were per-
831 formed by Felipe Marques de Andrade. The first draft of the manuscript
832 was written by Felipe Marques de Andrade and all authors commented
833 on previous versions of the manuscript. All authors read and approved
834 the final manuscript.

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840 **Data availability** The data used in this research can be found at the fol-
841 lowing websites: TAMSAT (<http://www.tamsat.org.uk/data/>); CHIRPS
842 (https://data.chc.ucsb.edu/products/CHIRPS-2.0/global_daily/netcdf/p05/); GPCP (<https://rda.ucar.edu/datasets/ds728.7/>); TRMM (https://disc2.gesdisc.eosdis.nasa.gov/opensap/TRMM_L3/TRMM_3B42_Daily.7/); S2S hindcasts (<https://apps.ecmwf.int/datasets/>); RMM
846 index (<https://aux.ecmwf.int/ecpds/data/list/RMMS/> (username:
847 s2sidx; passwd: s2sidx)); SubX hindcasts ([https://iridl.ldeo.columbia.
848 edu/SOURCES/.Models/.SubX/.NCEP/.CFSv2/.hindcast/.pr/](https://iridl.ldeo.columbia.edu/SOURCES/.Models/.SubX/.NCEP/.CFSv2/.hindcast/.pr/)); SST
849 (<https://psl.noaa.gov/data/gridded/data.noaa.oisst.v2.highres.html>).

850 **Code availability (software application or custom code)** The python
851 codes used in this research are available upon request to the first author.

852 Declarations

853 **Competing interests** The authors declare no conflicts of interest.

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